



जीवन बीमा अधिकर्ताको बाधारमुक्त तालिम कार्यक्रमको वार्षिक कार्यतालिका

Annual Plan for Life Insurance Agent Basic Training Program for Fiscal Year 2082 / 2083

तालिमको लागि चाहिने आवश्यक कागजातहरू :

१. तालिमको लागि निवेदन २. नेपाली नागरिकताको प्रमाणपत्रको फोटोकपी ३. कम्तिमा Plus 2 बा सो सरहको परिक्षा पास गरेको माईसिट र वार्षिक प्रमाणपत्रको फोटोकपी ४. PAN Number/ Card ५. Bank Account Number
नोट : कृपया विस्तृत जानकारीको लागि मेटलाइफको कार्यलयमा सम्पर्क गर्नु होला ।

SN	तालिम हुने स्थान	तालिम हुने स्थान	Nepali Date	English Date	तालिमको लागि निवेदन दिने अन्तिम मिति	सम्पर्क ठेगाना
1	Damauli	Damauli	31 Ashad - 1 Shrawan 2082	15 - 17 July 2025	30 - Ashad, 2082	MetLife, Pokhara, Ph:061-550095
2	Panipokhari	Kathmandu	01 - 03 Shrawan, 2082	17 - 19 July, 2025	31 - Ashad, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
3	Itahari	Itahari	01 - 03 Shrawan, 2082	17 - 19 July, 2025	31 - Ashad, 2082	MetLife, Itahari, Ph: 025-587195
5	Bhaktapur	Bhaktapur	05 - 07 Shrawan, 2082	21 - 23 July, 2025	4 - Shrawan, 2082	MetLife, Surya Binayak, P.h. 01-6617589
6	Satdobato	Lalitpur	05 - 07 Shrawan, 2082	21 - 23 July, 2025	4 - Shrawan, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
7	Palpa	Palpa	05 - 07 Shrawan, 2082	21 - 23 July, 2025	4 - Shrawan, 2082	MetLife, Palpa, Ph: 075-522557
8	Parsa	Parsa	06 - 08 Shrawan, 2082	22 - 24 July, 2025	5 - Shrawan, 2082	MetLife, Chitwan, Ph:056-595938
9	Banepa	Banepa	07 - 09 Shrawan, 2082	23 - 25 July, 2025	6 - Shrawan, 2082	MetLife, Banepa, P.h. 011-662456
10	Birgunj	Birgunj	10-12 Shrawan 2082	26 - 28 July 2025	9 - Shrawan, 2082	MetLife, Birgunj, Ph:051-520757
11	Kantipath	Kathmandu	12 - 14 Shrawan, 2082	28 - 30 July, 2025	11 - Shrawan, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph:01-5455166
13	Lahan	Lahan	12 - 14 Shrawan, 2082	28 - 30 July, 2025	11 - Shrawan, 2082	MetLife, Lahan, Ph:033-590402
14	Bouddha	Kathmandu	13 - 15 Shrawan, 2082	29 - 31 July, 2025	12 - Shrawan, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
15	Biratnagar	Biratnagar	13-15 Shrawan, 2082	29-31 July, 2025	12 - Shrawan, 2082	MetLife, Biratnagar, Ph:021-590013
16	Damak	Damak	13-15 Shrawan, 2082	29-31 July, 2025	12 - Shrawan, 2082	MetLife, Damak, Ph:023-583970/71
17	Mahendranagar	Mahendranagar	13-15 Shrawan, 2082	29-31 July, 2025	12 - Shrawan, 2082	MetLife, Mahendranagar, Ph:99-520229
18	Gaighat	Gaighat	13-15 Shrawan 2082	29-31 July, 2025	12 - Shrawan, 2082	MetLife, Gaighat, Ph:035-421660
19	Head office	Lalitpur	14 - 16 Shrawan, 2082	30 July- 01 August, 2025	13 - Shrawan, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
21	Nepalgunj	Nepalgunj	14 - 16 Shrawan, 2082	30 July- 01 August, 2025	13 - Shrawan, 2082	MetLife, Nepalgunj Ph : 081-411015
22	Minbhawan	Kathmandu	19 - 21 Shrawan, 2082	04 - 06 August, 2025	18 - Shrawan, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
23	Surkhet	Surkhet	20-22 Shrawan, 2082	04-06 August, 2025	19 - Shrawan, 2082	MetLife, Surkhet, Ph: 083-521588
24	Kawasoti	Kawasoti	20 - 21 Shrawan, 2082	05 - 07 August, 2025	19 - Shrawan, 2082	MetLife, Butwal, Ph:071-503114
25	Butwal	Butwal	20 - 21 Shrawan, 2082	05 - 07 August, 2025	19 - Shrawan, 2082	MetLife, Butwal, Ph:071-503113
26	Pokhara	Pokhara	20 - 21 Shrawan, 2082	05 - 07 August, 2025	19 - Shrawan, 2082	MetLife, Pokhara, Ph:061-550095
28	Dharan	Dharan	21 - 23 Shrawan, 2082	06 - 08 August, 2025	20 - Shrawan, 2082	MetLife, Dharan, Ph: 025-532791
29	Thapathali	Kathmandu	21 - 23 Shrawan, 2082	06 - 08 August, 2025	20 - Shrawan, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
30	Ravibhawan	Kathmandu	21 - 23 Shrawan, 2082	06 - 08 August, 2025	20 - Shrawan, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
31	Biratnagar	Biratnagar	25-27 Shrawan, 2082	10-12 August, 2025	24 - Shrawan, 2082	MetLife, Biratnagar, Ph:021-590013
32	Birtamod	Birtamod	25-27 Shrawan, 2082	10-12 August, 2025	24 - Shrawan, 2082	MetLife, Birtamode, Ph:023-544025
33	Dhangadhi	Dhangadhi	25-27 Shrawan, 2082	10-12 August, 2025	24 - Shrawan, 2082	MetLife, Dhangadhi, Ph:091-523815
34	Bhaktapur	Bhaktapur	26 - 28 Shrawan, 2082	11 - 13 August, 2025	25 - Shrawan, 2082	MetLife, Surya Binayak, P.h. 01-6617589
36	Itahari	Itahari	26-28 Shrawan, 2082	11-13 August, 2025	25 - Shrawan, 2082	MetLife, Itahari, Ph: 025-587195
37	Kohalpur	Kohalpur	26-28 shrawan, 2082	11-13 August, 2025	25 - Shrawan, 2082	MetLife, Nepalgunj Ph : 081-411015
38	Bhairahawa	Bhairahawa	27 - 29 Shrawan, 2082	12 - 14 August, 2025	26 - Shrawan, 2082	MetLife, Bhairahawa Ph : 071-590864

39	Chitwan	Chitwan	28 - 30 Shrawan, 2082	13 - 15 August, 2025	27 - Shrawan, 2082	MetLife, Chitwan, Ph:056-595938
40	Banepa	Banepa	28 - 30 Shrawan, 2082	13 - 15 August, 2025	27 - Shrawan, 2082	MetLife, Banepa, P.h. 011-662456
41	Kamalpokhari	Kathmandu	28 - 30 Shrawan 2082	13 - 15 August, 2025	27 - Shrawan, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
42	Kantipath	Kathmandu	02 - 04 Bhadra, 2082	18 - 20 August, 2025	1 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
44	Panipokhari	Kathmandu	02 - 04 Bhadra, 2082	18 - 20 August, 2025	1 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
45	Bardaghat	Bardaghat	02 - 04 Bhadra, 2082	18 - 20 August, 2025	1 - Bhadra, 2082	MetLife, Bardaghat, Ph:078-580783
46	Damauli	Damauli	03 - 05 Bhadra 2082	19 - 21 August 2025	2 - Bhadra, 2082	MetLife, Pokhara, Ph:061-550095
47	Janakpur	Janakpur	04 - 06 Bhadra, 2082	20 - 22 August, 2025	3 - Bhadra, 2082	MetLife, Janakpur Ph : 041-590426
48	Head office	Lalitpur	04 - 06 Bhadra, 2082	20 - 22 August, 2025	3 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
49	Satdobato	Kathmandu	04 - 06 Bhadra, 2082	20 - 22 August, 2025	3 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
51	Bouddha	Kathmandu	04 - 06 Bhadra, 2082	20 - 22 August, 2025	3 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
52	Nepalgunj	Nepalgunj	04 - 06 Bhadra, 2082	20 - 22 August, 2025	3 - Bhadra, 2082	MetLife, Nepalgunj Ph : 081-411015
53	Lahan	Lahan	09 - 11 Bhadra, 2082	25 - 27 August, 2025	8 - Bhadra, 2082	MetLife, Lahan, Ph:033-590402
54	Biratnagar	Biratnagar	13 - 15 Ashad, 2082	29 - 31 August, 2025	12 - Ashad, 2082	MetLife, Biratnagar, Ph:021-590013
55	Damak	Damak	13 - 15 Ashad, 2082	29 - 31 August, 2025	12 - Ashad, 2082	MetLife, Damak, Ph:023-583970/71
56	Tikapur	Tikapur	13 - 15 Ashad, 2082	29 - 31 August, 2025	12 - Ashad, 2082	MetLife, Tikapur, Ph : 091-560887
57	Minbhawan	Kathmandu	02 - 04 Bhadra, 2082	01 - 03 September, 2025	1 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
59	Pokhara	Pokhara	17-19 Bhadra 2082	02 - 04 September 2025	16 - Bhadra, 2082	MetLife, Pokhara, Ph:061-550095
60	Surkhet	Surkhet	17 - 19 Bhadra, 2082	02 - 04 September, 2025	16 - Bhadra, 2082	MetLife, Surkhet ,Ph: 083-521588
61	Butwal	Butwal	17 - 19 Bhadra, 2082	02 - 04 September, 2025	16 - Bhadra, 2082	MetLife, Butwal, Ph:071-503113
62	Thapathali	Kathmandu	04 - 06 Bhadra, 2082	03 - 05 September, 2025	3 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
63	Ravibhawan	Kathmandu	18 - 20 Bhadra, 2082	03 - 05 September, 2025	17 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
64	Itahari	Itahari	19-21 Bhadra, 2082	04 - 06 September, 2025	18 - Bhadra, 2082	MetLife, Itahari, Ph: 025-587195
65	Bhaktapur	Bhaktapur	23 - 25 Bhadra, 2082	08 - 10 September, 2025	22 - Bhadra, 2082	MetLife, Surya Binayak, P.h. 01-6617589
67	Chitwan	Chitwan	25 - 27 Bhadra, 2082	10 - 12 September, 2025	24 - Bhadra, 2082	MetLife, Chitwan, Ph:056-595938
68	Dang	Dang	25 - 27 Bhadra, 2082	10 - 12 September, 2025	24 - Bhadra, 2082	MetLife, Dang, Ph:082-564018
69	Banepa	Banepa	25 - 27 Bhadra, 2082	10 - 12 September, 2025	24 - Bhadra, 2082	MetLife, Banepa, P.h. 011-662456
70	Kamalpokhari	Kathmandu	25 - 27 Bhadra, 2082	10 - 12 September, 2025	24 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
71	Biratnagar	Biratnagar	25 - 27 Bhadra, 2082	10 - 12 September, 2025	24 - Bhadra, 2082	MetLife, Biratnagar, Ph:021-590013
72	Birtamod	Birtamod	25 - 27 Bhadra, 2082	10 - 12 September, 2025	24 - Bhadra, 2082	MetLife, Birtamode, Ph:023-544025
74	Katari	Katari	25 - 27 Bhadra, 2082	10 - 12 September, 2025	24 - Bhadra, 2082	MetLife, Katari, Ph : 035-450431
75	Mahendranagar	Mahendranagar	25 - 27 Bhadra, 2082	10 - 12 September, 2025	24 - Bhadra, 2082	MetLife, Mahendranagar, Ph:99-520229
76	Panipokhari	Kathmandu	30 Bhadra - 01 Ashwin, 2082	15 - 17 September, 2025	29 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
77	Satdobato	Lalitpur	30 Bhadra - 01 Ashwin, 2082	15 - 17 September, 2025	29 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
78	Kantipath	Kathmandu	30 Bhadra - 1st Ashwin, 2082	15 -17 September, 2025	29 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
79	Nepalgunj	Nepalgunj	30 Bhadra - 1 Ashwin, 2082	15-17 September, 2025	29 - Bhadra, 2082	MetLife, Nepalgunj Ph : 081-411015

80	Parsa	Parsa	31 Bhadra - 2nd Ashwin, 2082	16 - 18 September, 2025	30 - Bhadra, 2082	MetLife, Chitwan, Ph:056-595938
82	Head office	Lalitpur	31 Bhadra - 2nd Ashwin, 2082	16 - 18 September, 2025	30 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
83	Bhairahawa	Bhairahawa	01- 03 Ashwin, 2082	17 - 19 September, 2025	31 - Bhadra, 2082	MetLife, Bhairahawa Ph : 071-590864
84	Bouddha	Lalitpur	01 - 03 Ashwin, 2082	17 - 19 September, 2025	31 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
85	Bhojpur	Bhojpur	03 - 05 Ashwin, 2082	19 - 21 September, 2025	2 - Ashwin, 2082	MetLife, Biratnagar, Ph:021-590013
86	Biratnagar	Biratnagar	08-10 Ashwin, 2082	24 - 26 September, 2025	7 - Ashwin, 2082	MetLife, Biratnagar, Ph:021-590013
87	Ilam	Ilam	08-10 Ashwin, 2082	24 - 26 September, 2025	7 - Ashwin, 2082	MetLife, Ilam, Ph:027-521986
88	Dhangadhi	Dhangadhi	08-10 Ashwin, 2082	24 - 26 September, 2025	7 - Ashwin, 2082	MetLife, Dhangadhi, Ph:091-523815
90	Kapilvastu	Kapilvastu	08-10 Ashwin, 2082	24 - 26 September, 2025	7 - Ashwin, 2082	MetLife, Butwal, Ph:071-503113
91	Surkhet	Surkhet	27 - 29 Ashwin 2082	13-15 October, 2025	26 - Ashwin, 2082	MetLife, Surkhet, Ph: 083-521588
92	Janakpur	Janakpur	22 - 24 Ashwin, 2082	08- 10 october , 2025	21 - Ashwin, 2082	MetLife, Janakpur Ph : 041-590426
93	Chitwan	Chitwan	27 - 29 Ashwin 2082	13 - 15 October, 2025	26 - Ashwin, 2082	MetLife, Chitwan, Ph:056-595938
94	Head office	Lalitpur	27 - 29 Ashwin, 2082	13 - 15 October, 2025	26 - Ashwin, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
95	Ravibhawan	Kathmandu	27 - 29 Ashwin 2082	13 - 15 October, 2025	26 - Ashwin, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
97	Satdobato	Lalitpur	27 - 29 Ashwin 2082	13 - 15 October, 2025	26 - Ashwin, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
98	Butwal	Butwal	27-29 Ashwin, 2082	13-15 October, 2025	26 - Ashwin, 2082	MetLife, Butwal, Ph:071-503113
99	Pokhara	Pokhara	28 - 30 Ashwin 2082	14 - 16 October 2025	27 - Ashwin, 2082	MetLife, Pokhara, Ph:061-550095
100	Birtamod	Birtamod	30 Ashoj - 1 Kartik, 2082	16-18 October, 2025	29 - Ashwin, 2082	MetLife, Birtamode, Ph:023-544025
101	Biratnagar	Biratnagar	30 Ashoj - 1 Kartik, 2082	16-18 October, 2025	29 - Ashwin, 2082	MetLife, Biratnagar, Ph:021-590013
102	Itahari	Itahari	30 Ashoj - 1 Kartik, 2082	16-18 October, 2025	29 - Ashwin, 2082	MetLife, Itahari, Ph: 025-587195
103	Tikapur	Tikapur	28 - 30 Ashwin 2082	14-16 October, 2025	27 - Ashwin, 2082	MetLife, Tikapur, Ph : 091-560887
105	Kantipath	Kathmandu	11 - 13 Kartik, 2082	28 - 30 October, 2025	10 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
106	Janakpur	Janakpur	12 - 14 Kartik, 2082	29 - 31 October, 2025	11 - Kartik, 2082	MetLife, Janakpur Ph : 041-590426
107	Bhairahawa	Bhairahawa	12-14 Kartik, 2082	29 - 31 October, 2025	11 - Kartik, 2082	MetLife, Bhairahawa Ph : 071-590864
108	Minbhawan	Kathmandu	12-14 Kartik, 2082	29 - 31 October, 2025	11 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
109	Chitwan	Chitwan	17-19 Kartik, 2082	03 - 05 November, 2025	16 - Kartik, 2082	MetLife, Chitwan, Ph:056-595938
110	Bhaktapur	Bhaktapur	17 - 19 Kartik, 2082	03 - 05 November, 2025	16 - Kartik, 2082	MetLife, Surya Binayak, P.h. 01-6617589
111	Biratnagar	Biratnagar	17 - 19 Kartik, 2082	03 - 05 November, 2025	16 - Kartik, 2082	MetLife, Biratnagar, Ph:021-590013
113	Pokhara	Pokhara	18 - 20 Kartik 2082	04 -06 November 2025	17 - Kartik, 2082	MetLife, Pokhara, Ph:061-550095
114	Dang	Dang	18 - 20 Kartik, 2082	04 -06 November 2025	17 - Kartik, 2082	MetLife, Dang, Ph:082-564018
115	Kamalpokhari	Kathmandu	19 - 21 Kartik 2082	05 - 07 November, 2025	18 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
116	Birtamod	Birtamod	19 - 21 Kartik 2082	05 - 07 November, 2025	18 - Kartik, 2082	MetLife, Birtamode, Ph:023-544025
117	Mahendranagar	Mahendranagar	19 - 21 Kartik 2082	05 - 07 November, 2025	18 - Kartik, 2082	MetLife, Mahendranagar, Ph:99-520229
118	Banepa	Banepa	24 - 26 Kartik, 2082	10 - 12 November, 2025	23 - Kartik, 2082	MetLife, Banepa, P.h. 011-662456
120	Bouddha	Kathmandu	24 - 26 Kartik 2082	10 - 12 November, 2025	23 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
121	Butwal	Butwal	25-27 Kartik, 2082	11 - 13 November, 2025	24 - Kartik, 2082	MetLife, Butwal, Ph:071-503113

122	Kawasoti	Kawasoti	26 - 28 Kartik, 2082	12 - 14 November, 2025	25 - Kartik, 2082	MetLife, Butwal, Ph:071-503114
123	Kantipath	Kathmandu	26 - 28 Kartik, 2082	12 - 14 November, 2025	25 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
124	PaniPokhari	Kathmandu	26 - 28 Kartik 2082	12 - 14 November, 2025	25 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
125	Nepalgunj	Nepalgunj	26 - 28 Kartik, 2082	12 - 14 November, 2025	25 - Kartik, 2082	MetLife, Nepalgunj Ph : 081-411015
126	Surkhet	Surkhet	28 - 30 Kartik, 2082	13 - 15 November, 2025	27 - Kartik, 2082	MetLife, Surkhet ,Ph: 083-521588
128	Gaighat	Gaighat	28-30 Kartik ,2082	14 - 16 November, 2025	27 - Kartik, 2082	MetLife, Gaighat, Ph:035-421660
129	Minbhawan	Kathmandu	01 - 03 Mangsir, 2082	17 - 19 November, 2025	30 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
130	Thapathali	Kathmandu	01 - 03 Mangsir, 2082	17 - 19 November, 2025	30 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
131	Ravibhawan	Kathmandu	01 - 03 Mangsir 2082	17 - 19 November, 2025	30 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
132	Satdobato	Lalitpur	01 - 03 Mangsir 2082	17 - 19 November, 2025	30 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
133	Lahan	Lahan	01 - 03 Mangsir 2082	17 - 19 November, 2025	30 - Kartik, 2082	MetLife, Lahan, Ph:033-590402
134	Damauli	Damauli	02 - 04 Mangsir 2082	18 - 20 November 2025	1 - Mangsir, 2082	MetLife, Pokhara, Ph:061-550095
136	Bardaghat	Bardaghat	02 - 04 Mangsir 2082	18 - 20 November 2025	1 - Mangsir, 2082	MetLife, Bardaghat, Ph:078-580783
137	Head office	Lalitpur	03 - 05 Mangsir, 2081	19 - 21 November, 2025	2 - Mangsir, 2081	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
138	Parsa	Parsa	03 - 05 Mangsir, 2081	19 - 21 November, 2025	2 - Mangsir, 2081	MetLife, Chitwan, Ph:056-595938
139	Bhairahawa	Bhairahawa	7-9 Mangsir, 2082	23 - 25 November, 2025	6 - Mangsir, 2082	MetLife, Bhairahawa Ph : 071-590864
140	Damak	Damak	8-10 Magsir, 2082	24-26 November, 2025	7 - Mangsir, 2082	MetLife, Damak, Ph:023-583970/71
141	Biratnagar	Biratnagar	8-10 Magsir, 2082	24-26 November, 2025	7 - Mangsir, 2082	MetLife, Biratnagar, Ph:021-590013
143	Dharan	Dharan	8-10 Mangsir, 2082	24-26 November, 2025	7 - Mangsir, 2082	MetLife, Dharan, Ph: 025-532791
144	Dhangadhi	Dhangadhi	8-10 Magsir, 2082	24-26 November, 2025	7 - Mangsir, 2082	MetLife, Dhangadhi,Ph:091-523815
145	Head office	Lalitpur	10 - 12 Mangsir, 2082	26 - 28 November, 2025	9 - Mangsir, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
146	Kantipath	Kathmandu	10 - 12 Mangsir, 2082	26 - 28 November, 2025	9 - Mangsir, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
147	Kohalpur	Kohalpur	10-12 Mangsir, 2082	26-28 November, 2025	9 - Mangsir, 2082	MetLife, Nepalgunj Ph : 081-411015
148	Janakpur	Janakpur	12 - 14 Mangsir, 2082	28- 31 November, 2025	11 - Mangsir, 2082	MetLife, Janakpur Ph : 041-590426
149	Minbhawan	Kathmandu	15 - 17 Mangsir 2082	01 - 03 December, 2025	14 - Mangsir, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
151	Kapilvastu	Kapilvastu	15 - 17 Mangsir 2082	01 - 03 December, 2025	14 - Mangsir, 2082	MetLife, Butwal, Ph:071-503113
152	Surkhet	Surkhet	17 - 19 Mangsir, 2082	02 - 04 December, 2025	16 - Mangsir, 2082	MetLife, Surkhet ,Ph: 083-521588
153	Pokhara	Pokhara	17 - 19 Mangsir, 2082	02 - 04 December, 2025	16 - Mangsir, 2082	MetLife, Pokhara, Ph:061-550095
154	Kamalpokhari	Kathmandu	17 - 19 Mangsir, 2082	03 - 05 December, 2025	16 - Mangsir, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
155	Itahari	Itahari	21-23 Mangsir, 2082	07 - 09 December, 2025	20 - Mangsir, 2082	MetLife, Itahari, Ph: 025-587195
156	Head office	Lalitpur	22 - 24 Mangsir, 2082	08 - 10 December, 2025	21 - Mangsir, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
157	Banepa	Banepa	22 - 24 Mangsir, 2082	08 - 10 December, 2025	21 - Mangsir, 2082	MetLife, Banepa, P.h. 011-662456
159	Birtamod	Birtamod	22-24 Mangsir, 2082	08 - 10 December, 2025	21 - Mangsir, 2082	MetLife, Birtamode, Ph:023-544025
160	Biratnagar	Biratnagar	22-24 Mangsir, 2082	08 - 10 December, 2025	21 - Mangsir, 2082	MetLife, Biratnagar, Ph:021-590013
161	Butwal	Butwal	22-24 Mangsir, 2082	08 - 10 December, 2025	21 - Mangsir, 2082	MetLife, Butwal, Ph:071-503113
162	Tikapur	Tikapur	22-24 Mangsir, 2082	08 - 10 December, 2025	21 - Mangsir, 2082	MetLife, Tikapur, Ph : 091-560887

163	Kawasoti	Kawasoti	24 - 26 Mangsir, 2082	10 - 12 December, 2025	23 - Mangsir, 2082	MetLife, Butwal, Ph:071-503114
164	Nepalgunj	Nepalgunj	24 - 26 Mangsir, 2082	10 - 12 December, 2025	23 - Mangsir, 2082	MetLife, Nepalgunj Ph : 081-411015
166	Bouddha	Kathmandu	24 - 26 Mangsir, 2082	10 - 12 December, 2025	23 - Mangsir, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
167	Bhaktapur	Bhaktapur	29 Mangsir - 02 Poush, 2082	15 - 17 December, 2025	28 - Mangsir, 2082	MetLife, Surya Binayak, P.h. 01-6617589
168	Panipokhari	Kathmandu	29 Mangsir - 02 Poush, 2082	15 - 17 December, 2025	28 - Mangsir, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
169	Damauli	Damauli	01 - 03 Poush 2082	16-18 December 2025	29 - Mangsir, 2082	MetLife, Pokhara, Ph:061-550095
170	Dang	Dang	01 - 03 Poush 2082	16-18 December 2025	29 - Mangsir, 2082	MetLife, Dang, Ph:082-564018
171	Ravibhawan	Kathmandu	02 - 04 Poush, 2082	17 - 19 December, 2025	1 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
172	Satdobato	Lalitpur	02 - 04 Poush, 2082	17 - 19 December, 2025	1 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
174	Thapathali	Kathmandu	02 - 04 Poush, 2082	17 - 19 December, 2025	1 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
175	Janakpur	Janakpur	02 - 04 Poush, 2082	17- 19 December, 2025	1 - Poush, 2082	MetLife, Janakpur Ph : 041-590426
176	Chitwan	Chitwan	02-04 Poush, 2082	17-19 December, 2025	1 - Poush, 2082	MetLife, Chitwan, Ph:056-595938
177	Head office	Lalitpur	07 - 09 Poush, 2082	22 - 24 December, 2025	6 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
178	Ilam	Ilam	14-16 Push, 2082	29-31 December, 2025	13 - Poush, 2082	MetLife, Illam, Ph:027-521986
179	Biratnagar	Biratnagar	14-16 Push, 2082	29-31 December, 2025	13 - Poush, 2082	MetLife, Biratnagar, Ph:021-590013
180	Gaighat	Gaighat	14-16 Poush,2082	29-31 December, 2025	13 - Poush, 2082	MetLife, Gaighat, Ph:035-421660
182	Mahendranagar	Mahendranagar	14-16 Push, 2082	29-31 December, 2025	13 - Poush, 2082	MetLife, Mahendranagar, Ph:99-520229
183	Kantipath	Kathmandu	16 - 18 Poush, 2082	31st December- 2nd Janu	15 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
184	Surkhet	Surkhet	18 - 20 Poush, 2082	02 - 04 January, 2026	17 - Poush, 2082	MetLife, Surkhet ,Ph: 083-521588
185	Itahari	Itahari	20-22 Push, 2082	04 - 06 January, 2026	19 - Poush, 2082	MetLife, Itahari, Ph: 025-587195
186	Minbhawan	Kathmandu	21 - 23 Poush, 2082	05 - 07 January, 2026	20 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
187	Pokhara	Pokhara	22-24 Poush 2082	06 - 08 January 2026	21 - Poush, 2082	MetLife, Pokhara, Ph:061-550095
189	Chitwan	Chitwan	23- 25 Poush, 2082	07 - 09 January, 2026	22 - Poush, 2082	MetLife, Chitwan, Ph:056-595938
190	Janakpur	Janakpur	23 - 25 Poush 2082	07 - 09 January, 2026	22 - Poush, 2082	MetLife, Janakpur Ph : 041-590426
191	Butwal	Butwal	23 - 25 Poush 2082	07 - 09 January, 2026	22 - Poush, 2082	MetLife, Butwal, Ph:071-503113
192	Banepa	Banepa	23 - 25 Poush, 2082	07 - 09 January, 2026	22 - Poush, 2082	MetLife, Banepa, P.h. 011-662456
193	Kamalpokhari	Kathmandu	23 - 25 Poush 2082	07 - 09 January, 2026	22 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
194	Birtamod	Birtamod	28-30 Push, 2082	12-14 January, 2026	27 - Poush, 2082	MetLife, Birtamode, Ph:023-544025
195	Biratnagar	Biratnagar	28-30 Push, 2082	12-14 January, 2026	27 - Poush, 2082	MetLife, Biratnagar, Ph:021-590013
197	Dharan	Dharan	28-30 Push, 2082	12-14 January, 2026	27 - Poush, 2082	MetLife, Dharan, Ph: 025-532791
198	Bardaghat	Bardaghat	28-30 Poush, 2082	12-14 January, 2026	27 - Poush, 2082	MetLife, Bardaghat, Ph:078-580783
199	Dhangadhi	Dhangadhi	28-30 Push, 2082	12-14 January, 2026	27 - Poush, 2082	MetLife, Dhangadhi,Ph:091-523815
200	Bouddha	Kathmandu	30 Poush - 02 Magh, 2082	14 - 16 January, 2026	29 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
201	Panipokhari	Kathmandu	30 Poush - 02 Magh, 2082	14 - 16 January, 2026	29 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
202	Nepalgunj	Nepalgunj	05 - 07 Magh, 2082	19 - 21 January, 2026	4 - Magh, 2082	MetLife, Nepalgunj Ph : 081-411015
203	Ravibhawan	Kathmandu	05 - 07 Magh, 2082	19 - 21 January, 2026	4 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166

205	Gaighat	Gaighat	05 - 07 Magh, 2082	19 - 21 January, 2026	4 - Magh, 2082	MetLife, Gaighat, Ph:035-421660
206	Bhairahawa	Bhairahawa	06 - 08 Magh, 2082	20 - 22 January, 2026	5 - Magh, 2082	MetLife, Bhairahawa Ph : 071-590864
207	Bhaktapur	Bhaktapur	06 - 08 Magh, 2082	20 - 22 January, 2026	5 - Magh, 2082	MetLife, Surya Binayak, P.h. 01-6617589
208	Head office	Lalitpur	06 - 08 Magh, 2082	20 - 22 January, 2026	5 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
209	Damak	Damak	06 - 08 Magh, 2082	20 - 22 January, 2026	5 - Magh, 2082	MetLife, Damak, Ph:023-583970/71
210	Tikapur	Tikapur	06 - 08 Magh, 2082	20 - 22 January, 2026	5 - Magh, 2082	MetLife, Tikapur, Ph : 091-560887
212	Satdobato	Lalitpur	07 - 09 Magh, 2082	21 - 23 January, 2026	6 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
213	Kantipath	Kathmandu	12 - 14 Magh, 2082	26 - 28 January, 2026	11 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
214	Lahan	Lahan	13 - 15 Magh, 2082	27 - 29 January, 2026	12 - Magh, 2082	MetLife, Lahan, Ph:033-590402
215	Head office	Lalitpur	13 - 15 Magh, 2082	27 - 29 January, 2026	12 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
216	Chitwan	Chitwan	13-15 Magh, 2082	27-29 January, 2026	12 - Magh, 2082	MetLife, Chitwan, Ph:056-595938
217	Ilam	Ilam	13-15 Magh, 2082	27-29 January, 2026	12 - Magh, 2082	MetLife, Illam, Ph:027-521986
218	Biratnagar	Biratnagar	13-15 Magh, 2082	27-29 January, 2026	12 - Magh, 2082	MetLife, Biratnagar, Ph:021-590013
220	Mahendranagar	Mahendranagar	13-15 Magh, 2082	27-29 January, 2026	12 - Magh, 2082	MetLife, Mahendranagar, Ph:99-520229
221	Kohalpur	Kohalpur	14-16 Magh, 2082	28-30 January, 2026	13 - Magh, 2082	MetLife, Nepalgunj Ph : 081-411015
222	Surkhet	Surkhet	19-21 Magh, 2082	01- 03 February, 2026	18 - Magh, 2082	MetLife, Surkhet ,Ph: 083-521588
223	Minbhawan	Kathmandu	19 - 21 Magh, 2082	02 - 04 February, 2026	18 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
224	Pokhara	Pokhara	20-22 Magh 2082	03 - 05 February 2026	19 - Magh, 2082	MetLife, Pokhara, Ph:061-550095
225	Itahari	Itahari	21 - 23 Magh, 2081	04 - 06 February, 2026	20 - Magh, 2081	MetLife, Itahari, Ph: 025-587195
226	Janakpur	Janakpur	21 - 23 Magh, 2081	04 - 06 February, 2026	20 - Magh, 2081	MetLife, Janakpur Ph : 041-590426
228	Palpa	Palpa	21 - 23 Magh, 2081	04 - 06 February, 2026	20 - Magh, 2081	MetLife, Palpa,Ph: 075-522557
229	Bhaktapur	Bhaktapur	21 - 23 Magh, 2082	04 - 06 February, 2026	20 - Magh, 2082	MetLife, Surya Binayak, P.h. 01-6617589
230	Kamalpokhari	Kathmandu	21 - 23 Magh, 2082	04 - 06 February, 2026	20 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
231	Kantipath	Kathmandu	26 - 28 Magh, 2082	09 - 11 February, 2026	25 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
232	Thapathali	Kathmandu	26 - 28 Magh, 2082	09 - 11 February, 2026	25 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
233	Bouddha	Kathmandu	26 - 28 Magh, 2082	09- 11 February, 2026	25 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
235	Chitwan	Chitwan	27 - 29 Magh, 2082	10 - 12 February, 2026	26 - Magh, 2082	MetLife, Chitwan, Ph:056-595938
236	Birtamod	Birtamod	27-29 Magh, 2082	10-12 February, 2026	26 - Magh, 2082	MetLife, Birtamode, Ph:023-544025
237	Butwal	Butwal	27-29 Magh, 2082	10-12 February, 2026	26 - Magh, 2082	MetLife, Butwal, Ph:071-503113
238	Dhangadhi	Dhangadhi	27-29 Magh, 2082	10-12 February, 2026	26 - Magh, 2082	MetLife, Dhangadhi,Ph:091-523815
239	Panipokhari	Kathmandu	28 Magh - 01 Falgun, 2082	11 - 13 February, 2026	27 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
240	Head office	Lalitpur	28 Magh - 01 Falgun, 2082	11 - 13 February, 2026	27 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
241	Banepa	Banepa	28 Magh - 01 Falgun, 2082	11 - 13 February, 2026	27 - Magh, 2082	MetLife, Banepa, P.h. 011-662456
243	Biratnagar	Biratnagar	28 Magh - 01 Falgun, 2082	11 - 13 February, 2026	27 - Magh, 2082	MetLife, Biratnagar, Ph:021-590013
244	Bhojpur	Bhojpur	29 Magh - 2 Falgun, 2082	12-14 February, 2026	28 - Magh, 2082	MetLife, Biratnagar, Ph:021-590013
245	Nepalgunj	Nepalgunj	06 - 08 Falgun, 2082	18 - 20 February, 2026	5 - Falgun, 2082	MetLife, Nepalgunj Ph : 081-411015

246	Ravibhawan	Kathmandu	06 - 08 Falgun, 2082	18 - 20 February, 2026	5 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
247	Satdobato	Lalitpur	06 - 08 Falgun, 2082	18 - 20 February, 2026	5 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
248	Katari	Katari	8-10 Falgun, 2082	20-22 February, 2026	7 - Falgun, 2082	MetLife, Katari, Ph : 035-450431
249	Parsa	Parsa	11-13 Falgun, 2082	23-25 February, 2026	10 - Falgun, 2082	MetLife, Chitwan, Ph:056-595938
251	Dang	Dang	11-13 Falgun, 2082	23-25 February, 2026	10 - Falgun, 2082	MetLife, Dang, Ph:082-564018
252	Head office	Lalitpur	12 - 14 Falgun, 2082	24 - 26 February, 2026	11 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
253	Biratnagar	Biratnagar	14-16 Falgun, 2082	26-28 February, 2026	13 - Falgun, 2082	MetLife, Biratnagar, Ph:021-590013
254	Surkhet	Surkhet	19 - 21 Falgun, 2082	03 - 05 March, 2026	18 - Falgun, 2082	MetLife, Surkhet, Ph: 083-521588
255	Janakpur	Janakpur	20 - 22 Falgun, 2081	04 - 06 March, 2026	19 - Falgun, 2081	MetLife, Janakpur Ph : 041-590426
256	Minbhawan	Kathmandu	20 - 22 Falgun, 2082	04 - 06 March, 2026	19 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
258	Kamalpokhari	Kathmandu	20 - 22 Falgun, 2082	04 - 06 March, 2026	19 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
259	Kantipath	Kathmandu	25 - 27 Falgun, 2082	09 - 11 March, 2026	24 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
260	Thapathali	Kathmandu	25 - 27 Falgun, 2082	09 - 11 March, 2026	24 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
261	Bouddha	Kathmandu	25 - 27 Falgun, 2082	09 - 11 March, 2026	24 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
262	Biratnagar	Biratnagar	25 - 27 Falgun, 2082	09 - 11 March, 2026	24 - Falgun, 2082	MetLife, Biratnagar, Ph:021-590013
263	Itahari	Itahari	25 - 27 Falgun, 2082	09 - 11 March, 2026	24 - Falgun, 2082	MetLife, Itahari, Ph: 025-587195
264	Butwal	Butwal	25 - 27 Falgun, 2082	09 - 11 March, 2026	24 - Falgun, 2082	MetLife, Butwal, Ph:071-503113
266	Hetauda	Hetauda	25 - 27 Falgun, 2082	09 - 11 March, 2026	24 - Falgun, 2082	MetLife, Hetauda, Ph:057-5211553
267	Chitwan	Chitwan	26-28 Falgun, 2082	10 - 12 March, 2026	25 - Falgun, 2082	MetLife, Chitwan, Ph:056-595938
268	Pokhara	Pokhara	26-28 Falgun 2082	10-12 March 2026	25 - Falgun, 2082	MetLife, Pokhara, Ph:061-550095
269	Head office	Lalitpur	27 - 29 Falgun, 2082	11 - 13 March, 2026	26 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
270	Bhaktapur	Bhaktapur	27 - 29 Falgun, 2082	11 - 13 March, 2026	26 - Falgun, 2082	MetLife, Surya Binayak, P.h. 01-6617589
271	Panipokhari	Kathmandu	27 - 29 Falgun, 2082	11 - 13 March, 2026	26 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
272	Damak	Damak	27-29 Falgun, 2082	11-13 March, 2026	26 - Falgun, 2082	MetLife, Damak, Ph:023-583970/71
274	Tikapur	Tikapur	27-29 Falgun, 2082	11-13 March, 2026	26 - Falgun, 2082	MetLife, Tikapur, Ph : 091-560887
275	Nepalgunj	Nepalgunj	28 - 30 Falgun, 2082	12 - 14 March , 2026	27 - Falgun, 2082	MetLife, Nepalgunj Ph : 081-411015
276	Bhairahawa	Bhairahawa	2-4 Chaitra, 2082	16 - 18 March, 2026	1 - Chaitra, 2082	MetLife, Bhairahawa Ph : 071-590864
277	Ravibhawan	Kathmandu	02 - 04 Chaitra, 2082	16 - 18 March, 2026	1 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
278	Satdobato	Lalitpur	04 - 06 Chaitra, 2082	18 - 20 March, 2026	3 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
279	Kawasoti	Kawasoti	4-6 Chaitra, 2082	18-20 March, 2026	3 - Chaitra, 2082	MetLife, Butwal, Ph:071-503114
281	Dharan	Dharan	4-6 Chaitra, 2082	18-20 March, 2026	3 - Chaitra, 2082	MetLife, Dharan, Ph: 025-532791
282	Kohalpur	Kohalpur	04-06 Chaitra, 2082	18-20 March, 2026	3 - Chaitra, 2082	MetLife, Nepalgunj Ph : 081-411015
283	Birgunj	Birgunj	8-10Chaitra 2082	22-24 March, 2026	7 - Chaitra, 2082	MetLife, Birgunj, Ph:051-520757
284	Head office	Lalitpur	09 - 11 Chaitra, 2082	23 - 25 March, 2026	8 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph:01-5455166
285	Banepa	Banepa	09 - 11 Chaitra, 2082	23 - 25 March, 2026	8 - Chaitra, 2082	MetLife, Banepa, P.h. 011-662456
286	Damauli	Damauli	9 - 11 Chaitra, 2082	23 - 25 March, 2026	8 - Chaitra, 2082	MetLife, Pokhara, Ph:061-550095

287	Birtamod	Birtamod	9 - 11 Chaitra, 2082	23 - 25 March, 2026	8 - Chaitra, 2082	MetLife, Birtamode, Ph:023-544025
289	Bardaghat	Bardaghat	9 - 11 Chaitra, 2082	23 - 25 March, 2026	8 - Chaitra, 2082	MetLife, Bardaghat, Ph:078-580783
290	Mahendranagar	Mahendranagar	9 - 11 Chaitra, 2082	23 - 25 March, 2026	8 - Chaitra, 2082	MetLife, Mahendranagar, Ph:99-520229
291	Chitwan	Chitwan	10 - 12 Chaitra, 2082	24-26 March, 2026	9 - Chaitra, 2082	MetLife, Chitwan, Ph:056-595938
292	Lahan	Lahan	10 - 12 Chaitra, 2082	24-26 March, 2026	9 - Chaitra, 2082	MetLife, Lahan, Ph:033-590402
293	Gaighat	Gaighat	11-13 Chaitra	25-27 March,2026	10 - Chaitra, itra	MetLife, Gaighat, Ph:035-421660
294	Biratnagar	Biratnagar	15-17 Chaitra, 2082	29-31 March, 2026	14 - Chaitra, 2082	MetLife, Biratnagar, Ph:021-590013
295	Minbhawan	Kathmandu	16 - 18 Chaitra, 2082	30 March - 1 April, 2026	15 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
297	Surkhet	Surkhet	19 - 21 Chaitra, 2082	01 - 03 April, 2026	18 - Chaitra, 2082	MetLife, Surkhet ,Ph: 083-521588
298	Thapathali	Kathmandu	18 - 20 Chaitra, 2082	01 - 03 April, 2026	17 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
299	Kamalpokhari	Kathmandu	18 - 20 Chaitra, 2082	01 - 03 April, 2026	17 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
300	Janakpur	Janakpur	18 - 20 Chaitra, 2082	01 - 03 April, 2026	17 - Chaitra, 2082	MetLife, Janakpur Ph : 041-590426
301	Parsa	Parsa	18 - 20 Chaitra, 2082	01 - 03 April, 2026	17 - Chaitra, 2082	MetLife, Chitwan, Ph:056-595938
302	Pokhara	Pokhara	19 - 21 Chaitra, 2082	01 - 03 April, 2026	18 - Chaitra, 2082	MetLife, Pokhara, Ph:061-550095
304	Ilam	Ilam	18 - 20 Chaitra, 2082	01 - 03 April, 2026	17 - Chaitra, 2082	MetLife, Illam, Ph:027-521986
305	Dhangadhi	Dhangadhi	18 - 20 Chaitra, 2082	01 - 03 April, 2026	17 - Chaitra, 2082	MetLife, Dhangadhi,Ph:091-523815
306	Chapur	Chapur	18 - 20 Chaitra, 2082	01 - 03 April, 2026	17 - Chaitra, 2082	MetLife, Birgunj, Ph:051-520757
307	Itahari	Itahari	22-24 Chaitra, 2082	05 - 07 April, 2026	21 - Chaitra, 2082	MetLife, Itahari, Ph: 025-587195
308	Kantipath	Kathmandu	23 - 25 Chaitra, 2082	06 - 08 April, 2026	22 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
309	Butwal	Butwal	23 - 25 Chaitra, 2082	06 - 08 April, 2026	22 - Chaitra, 2082	MetLife, Butwal, Ph:071-503113
310	Birtamod	Birtamod	23 - 25 Chaitra, 2082	06 - 08 April, 2026	22 - Chaitra, 2082	MetLife, Birtamode, Ph:023-544025
312	Tikapur	Tikapur	23 - 25 Chaitra, 2082	06 - 08 April, 2026	22 - Chaitra, 2082	MetLife, Tikapur, Ph : 091-560887
313	Bhaktapur	Bhaktapur	25 - 27 Chaitra, 2082	08 - 10 April, 2026	24 - Chaitra, 2082	MetLife, Surya Binayak, P.h. 01-6617589
314	Bouddha	Kathmandu	25 - 27 Chaitra, 2082	08 - 10 April, 2026	24 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
315	Kawasoti	Kawasoti	25 - 27 Chaitra, 2082	08 - 10 April, 2026	24 - Chaitra, 2082	MetLife, Butwal, Ph:071-503114
316	Hetauda	Hetauda	25 - 27 Chaitra, 2082	08 - 10 April, 2026	24 - Chaitra, 2082	MetLife, Hetauda, Ph:057-5211553
317	Panipokhari	Kathmandu	27 - 29 Chaitra, 2082	10 - 12 April, 2026	26 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
318	Biratnagar	Biratnagar	28-30 Chaitra, 2082	11-13 April, 2026	27 - Chaitra, 2082	MetLife, Biratnagar, Ph:021-590013
320	Banepa	Banepa	02 - 04 Baishakh, 2083	15 - 17 April, 2026	1 - Baishakh, 2083	MetLife, Banepa, P.h. 011-662456
321	Ravibhawan	Kathmandu	02 - 04 Bhaishak, 2083	15 - 17 April, 2026	1 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
322	Palpa	Palpa	02 - 04 Bhaishak, 2083	15 - 17 April, 2026	1 - Baishakh, 2083	MetLife, Palpa,Ph: 075-522557
323	Janakpur	Janakpur	07 - 09 Bhaishak, 2083	20 - 22 April, 2026	6 - Baishakh, 2083	MetLife, Janakpur Ph : 041-590426
324	Nepalgunj	Nepalgunj	07 - 09 Baishakh, 2083	20 - 22 April, 2026	6 - Baishakh, 2083	MetLife, Nepalgunj Ph : 081-411015
325	Head office	Lalitpur	07 - 09 Baishakh, 2083	20 - 22 April, 2026	6 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
327	Dang	Dang	07 - 09 Baishakh, 2083	20 - 22 April, 2026	6 - Baishakh, 2083	MetLife, Dang, Ph:082-564018
328	Birgunj	Birgunj	07 - 09 Baishakh, 2083	20 - 22 April, 2026	6 - Baishakh, 2083	MetLife, Birgunj, Ph:051-520757

329	Damauli	Damauli	08-10 Baishakh 2083	21 - 23 April 2026	7 - Baishakh, 2083	MetLife, Pokhara, Ph:061-550095
330	Chitwan	Chitwan	09 - 11 Baishakh, 2083	22 - 24 April, 2026	8 - Baishakh, 2083	MetLife, Chitwan, Ph:056-595938
331	Minbhawan	Kathmandu	09 - 11 Baishakh, 2083	22 - 24 April, 2026	8 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
332	Satdobato	Lalitpur	09 - 11 Bhaishakh, 2083	22 - 24 April, 2026	8 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
333	Head office	Lalitpur	14 - 16 Baishakh, 2083	27 - 29 April, 2026	13 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph:01-5455166
335	Bhairahawa	Bhairahawa	15-17 Baishakh, 2083	28 -30 April, 2026	14 - Baishakh, 2083	MetLife, Bhairahawa Ph : 071-590864
336	Biratnagar	Biratnagar	15-17 Baisakh, 2083	28-30 April, 2026	14 - Baishakh, 2083	MetLife, Biratnagar, Ph:021-590013
337	Minbhawan	Kathmandu	16 - 18 Baishakh, 2083	29 April - 1 May, 2026	15 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
338	Kohalpur	Kohalpur	16-18 Baishakh, 2083	29 April- May 1, 2026	15 - Baishakh, 2083	MetLife, Nepalgunj Ph : 081-411015
339	Surkhet	Surkhet	18-20 Bhaishakh, 2083	01 - 03 May, 2026	17 - Baishakh, 2083	MetLife, Surkhet ,Ph: 083-521588
340	Kantipath	Kathmandu	21 - 23 Baishakh, 2083	04 - 06 May, 2026	20 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
341	Kamalpokhari	Kathmandu	21 - 23 Bhaishakh, 2083	04 - 06 May, 2026	20 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph:01-5455166
343	Itahari	Itahari	21 - 23 Baishakh, 2083	04 - 06 May, 2026	20 - Baishakh, 2083	MetLife, Itahari, Ph: 025-587195
344	Hetauda	Hetauda	21 - 23 Bhaishakh, 2083	04 - 06 May, 2026	20 - Baishakh, 2083	MetLife, Hetauda, Ph:057-5211553
345	Janakpur	Janakpur	22 - 24 Bhaishakh, 2083	05 - 07 May, 2026	21 - Baishakh, 2083	MetLife, Janakpur Ph : 041-590426
346	Butwal	Butwal	22 -24 Baishakh, 2083	05 - 07 May, 2026	21 - Baishakh, 2083	MetLife, Butwal, Ph:071-503113
347	Pokhara	Pokhara	22 -24 Baishakh, 2083	05 - 07 May, 2026	21 - Baishakh, 2083	MetLife, Pokhara, Ph:061-550095
348	Chitwan	Chitwan	22 -24 Baishakh, 2083	05 - 07 May, 2026	21 - Baishakh, 2083	MetLife, Chitwan, Ph:056-595938
350	Bhaktapur	Bhaktapur	23 - 25 Baishakh, 2083	06 - 08 May, 2026	22 - Baishakh, 2083	MetLife, Surya Binayak, P.h. 01-6617589
351	Bouddha	Kathmandu	23 - 25 Bhaishakh, 2083	06 - 08 May, 2026	22 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
352	Birtamod	Birtamod	23 - 25 Baishakh, 2083	06 - 08 May, 2026	22 - Baishakh, 2083	MetLife, Birtamode, Ph:023-544025
353	Mahendranagar	Mahendranagar	23 - 25 Baishakh, 2083	06 - 08 May, 2026	22 - Baishakh, 2083	MetLife, Mahendranagar, Ph:99-520229
354	Gaighat	Gaighat	25-27 Baishakh 2083	08 - 10 may 2026	24 - Baishakh, 2083	MetLife, Gaighat, Ph:035-421660
355	Banepa	Banepa	28 - 30 Baishakh, 2083	11 - 13 May, 2026	27 - Baishakh, 2083	MetLife, Banepa, P.h. 011-662456
356	Lahan	Lahan	29-31 Bhaishakh, 2083	12 - 14 May, 2026	28 - Baishakh, 2083	MetLife, Lahan, Ph:033-590402
358	Kapilvastu	Kapilvastu	29- 31 Bhaishakh, 2083	12 - 14 May, 2026	28 - Baishakh, 2083	MetLife, Butwal, Ph:071-503113
359	Biratnagar	Biratnagar	29-31 Baisakh, 2083	12-14 May, 2026	28 - Baishakh, 2083	MetLife, Biratnagar, Ph:021-590013
360	Dharan	Dharan	29-31 Baisakh, 2083	12-14 May, 2026	28 - Baishakh, 2083	MetLife, Dharan, Ph: 025-532791
361	Thapathali	Kathmandu	30 Baishakh - 1 Jestha, 2083	13 - 15 May, 2026	29 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
362	Panipokhari	Kathmandu	30 Bhaishakh - 01 Jestha , 2083	13 - 15 May, 2026	29 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
363	Ravibhawan	Kathmandu	04 - 06 Jestha 2083	18 - 20 May, 2026	3 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
364	Bardaghat	Bardaghat	04 - 06 Jestha, 2083	18-20 May, 2026	3 - Jestha, 2083	MetLife, Bardaghat, Ph:078-580783
366	Satdobato	Lalitpur	06 - 08 Jestha 2083	20 - 22 May, 2026	5 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
367	Nepalgunj	Nepalgunj	06 - 08 Jestha, 2083	20 - 22 May, 2026	5 - Jestha, 2083	MetLife, Nepalgunj Ph : 081-411015
368	Head office	Lalitpur	06 - 08 Jestha, 2083	20 - 22 May, 2026	5 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
369	Dang	Dang	7-9 Jestha, 2083	21-23 May, 2026	6 - Jestha, 2083	MetLife, Dang, Ph:082-564018

370	Minbhawan	Kathmandu	11 - 13 Jestha, 2083	25 - 27 May, 2026	10 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
371	Chitwan	Chitwan	13- 15 Jestha, 2083	27 - 29 May, 2026	12 - Jestha, 2083	MetLife, Chitwan, Ph:056-595938
373	Damak	Damak	14-16 Jestha, 2083	28-30 May, 2026	13 - Jestha, 2083	MetLife, Damak, Ph:023-583970/71
374	Biratnagar	Biratnagar	14-16 Jestha, 2083	28-30 May, 2026	13 - Jestha, 2083	MetLife, Biratnagar, Ph:021-590013
375	Dhangadhi	Dhangadhi	14-16 Jestha, 2083	28-30 May, 2026	13 - Jestha, 2083	MetLife, Dhangadhi,Ph:091-523815
376	Birgunj	Birgunj	14-16 Jestha, 2083	28-30 May, 2026	13 - Jestha, 2083	MetLife, Birgunj, Ph:051-520757
377	Janakpur	Janakpur	18 - 20 Jestha, 2083	01 - 03 June, 2026	17 - Jestha, 2083	MetLife, Janakpur Ph : 041-590426
378	Kantipath	Kathmandu	18 - 20 Jestha, 2083	01 - 03 June, 2026	17 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
379	Thapathali	Kathmandu	18 - 20 Jestha, 2083	01 - 03 June, 2026	17 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
381	Birtamod	Birtamod	18 - 20 Jestha, 2083	01 - 03 June, 2026	17 - Jestha, 2083	MetLife, Birtamode, Ph:023-544025
382	Tikapur	Tikapur	18 - 20 Jestha, 2083	01 - 03 June, 2026	17 - Jestha, 2083	MetLife, Tikapur, Ph : 091-560887
383	Surkhet	Surkhet	18 - 20 Jestha, 2083	01 - 03 June, 2026	17 - Jestha, 2083	MetLife, Surkhet ,Ph: 083-521588
384	Pokhara	Pokhara	19-21 Jestha 2083	02 - 04 June 2026	18 - Jestha, 2083	MetLife, Pokhara, Ph:061-550095
385	Butwal	Butwal	19-21 Jestha 2083	02 - 04 June 2026	18 - Jestha, 2083	MetLife, Butwal, Ph:071-503113
386	Kamalpokhari	Kathmandu	20 - 22 Jestha 2083	03 - 05 June, 2026	19 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph:01-5455166
387	Hetauda	Hetauda	20 - 22 Jestha 2083	03 - 05 June, 2026	19 - Jestha, 2083	MetLife, Hetauda, Ph:057-5211553
389	Bhaktapur	Kathmandu	20 - 22 Jestha, 2083	03 - 05 June, 2026	19 - Jestha, 2083	MetLife, Surya Binayak, P.h. 01-6617589
390	Parsa	Parsa	20 - 22 Jestha, 2083	03 - 05 June, 2026	19 - Jestha, 2083	MetLife, Chitwan, Ph:056-595938
391	Itahari	Itahari	21-23 Jestha, 2083	04 - 06 June, 2026	20 - Jestha, 2083	MetLife, Itahari, Ph: 025-587195
392	Bouddha	Kathmandu	25 - 27 Jestha 2083	08 - 10 June, 2026	24 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
393	Bhairahawa	Bhairahawa	25 - 27 Jestha 2083	08 - 10 June, 2026	24 - Jestha, 2083	MetLife, Bhairahawa Ph : 071-590864
394	Banepa	Kathmandu	25 - 27 Jestha, 2083	08 - 10 June, 2026	24 - Jestha, 2083	MetLife, Banepa, P.h. 011-662456
396	Panipokhari	Kathmandu	27 - 29 Jestha 2083	10 - 12 June, 2026	26 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
397	Chitwan	Chitwan	27 - 29 Jestha, 2083	10 - 12 June, 2026	26 - Jestha, 2083	MetLife, Chitwan, Ph:056-595938
398	Minbhawan	Kathmandu	27 - 29 Jestha, 2083	10 - 12 June, 2026	26 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
399	Biratnagar	Biratnagar	27 - 29 Jestha, 2083	10 - 12 June, 2026	26 - Jestha, 2083	MetLife, Biratnagar, Ph:021-590013
400	Chapur	Chapur	27 - 29 Jestha, 2083	10 - 12 June, 2026	26 - Jestha, 2083	MetLife, Birgunj, Ph:051-520757
401	Katari	Katari	28-30 Jestha, 2083	11-13 June, 2026	27 - Jestha, 2083	MetLife, Katari, Ph : 035-450431
402	Ravibhawan	Kathmandu	01 - 03 Ashad, 2083	15 - 17 June, 2026	30 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
404	Palpa	Palpa	1-3 Ashad, 2083	15-17 June, 2026	30 - Ashad, 2083	MetLife, Palpa,Ph: 075-522557
405	Damauli	Damauli	2-4 Ashad 2083	16-18 June 2026	1 - Ashad, 2083	MetLife, Pokhara, Ph:061-550095
406	Satdobato	Lalitpur	03 - 05 Ashad, 2083	17 - 19 June, 2026	2 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
407	Head office	Lalitpur	03 - 05 Ashad, 2083	17 - 19 June, 2026	2 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
408	Lahan	Lahan	03 - 05 Ashad, 2083	17 - 19 June, 2026	2 - Ashad, 2083	MetLife, Lahan, Ph:033-590402
409	Bhojpur	Bhojpur	4-6 Ashad, 2083	18-20 June, 2026	3 - Ashad, 2083	MetLife, Biratnagar, Ph:021-590013
410	Bardaghat	Bardaghat	8-10 Ashad, 2083	22-24 June, 2026	7 - Ashad, 2083	MetLife, Bardaghat, Ph:078-580783

412	Nepalgunj	Nepalgunj	09 - 11 Ashad, 2083	23 - 25 June, 2026	8 - Ashad, 2083	MetLife, Nepalgunj Ph : 081-411015
413	Kawasoti	Kawasoti	10 - 12 Ashad, 2083	24 - 26 June, 2026	9 - Ashad, 2083	MetLife, Butwal, Ph:071-503114
414	Biratnagar	Biratnagar	14-16 Ashad, 2083	28-30 June, 2026	13 - Ashad, 2083	MetLife, Biratnagar, Ph:021-590013
415	Birgunj	Birgunj	14-16 Ashar2083	28-30 June2026	13 - Ashad, 2083	MetLife, Birgunj, Ph:051-520757
416	Kamalpokhari	Kathmandu	17 - 19 Ashad, 2083	01 - 03 July, 2026	16 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
417	Surkhet	Surkhet	17 - 19 Ashad, 2083	01 - 03 July, 2026	16 - Ashad, 2083	MetLife, Surkhet ,Ph: 083-521588
419	Butwal	Butwal	17 - 19 Ashad, 2083	01 - 03 July, 2026	16 - Ashad, 2083	MetLife, Butwal, Ph:071-503113
420	Kohalpur	Kohalpur	17 - 19 Ashad, 2083	01 - 03 July, 2026	16 - Ashad, 2083	MetLife, Nepalgunj Ph : 081-411015
421	Kantipath	Kathmandu	17 - 19 Ashad, 2083	01 - 03 July, 2026	16 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
422	Bouddha	Kathmandu	22 - 24 Ashad, 2083	06 - 08 July, 2026	21 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
423	Minbhawan	Kathmandu	22 - 24 Ashad, 2083	06 - 08 July, 2026	21 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
424	Kapilvastu	Kapilvastu	23 - 25 Ashad, 2083	07 - 09 July, 2026	22 - Ashad, 2083	MetLife, Butwal, Ph:071-503113
425	Bhaktapur	Bhaktapur	24 - 26 Ashad, 2083	08 - 10 July, 2026	23 - Ashad, 2083	MetLife, Surya Binayak, P.h. 01-6617589
427	Panipokhari	Kathmandu	24 - 26 Ashad, 2083	08 - 10 July, 2026	23 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
428	Birtamod	Birtamod	24 - 26 Ashad, 2083	08 - 10 July, 2026	23 - Ashad, 2083	MetLife, Birtamode, Ph:023-544025
429	Dhangadhi	Dhangadhi	24 - 26 Ashad, 2083	08 - 10 July, 2026	23 - Ashad, 2083	MetLife, Dhangadhi,Ph:091-523815
430	Ravibhawan	Kathmandu	29 - 31 Ashad, 2083	13 - 15 July, 2026	28 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
431	Satdobato	Lalitpur	29 - 31 Ashad, 2083	13 - 15 July, 2026	28 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
432	Chitwan	Chitwan	29 - 31 Ashad, 2083	13 - 15 July, 2026	28 - Ashad, 2083	MetLife, Chitwan, Ph:056-595938
433	Head office	Lalitpur	29 - 31 Ashad, 2083	13 - 15 July, 2026	28 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
435	Biratnagar	Biratnagar	30-32 Ashad, 2083	14 - 16 July, 2026	29 - Ashad, 2083	MetLife, Biratnagar, Ph:021-590013
436	Itahari	Itahari	30-32 Ashad, 2083	14 - 16 July, 2026	29 - Ashad, 2083	MetLife, Itahari, Ph: 025-587195