



जीवन बीमा अधिकर्ताको बाधारमुक्त तालिम कार्यक्रमको वार्षिक कार्यतालिका

Annual Plan for Life Insurance Agent Basic Training Program for Fiscal Year 2082 / 2083

तालिमको लागि चाहिने आवश्यक कागजातहरू :

१. तालिमको लागि निवेदन २. नेपाली नागरिकताको प्रमाणपत्रको फोटोकपी ३. कम्तिमा Plus 2 बा सो सरकारी परिक्षा पास गरेको माईसिट र वार्षिक प्रमाणपत्रको फोटोकपी ४. PAN Number/ Card ५. Bank Account Number
नोट : कृपया विस्तृत जानकारीको लागि मेटलाइफको कार्यलयमा सम्पर्क गर्नु होला ।

SN	तालिम हुने स्थान	तालिम हुने स्थान	Nepali Date	English Date	तालिमको लागि निवेदन दिने अन्तिम मिति	सम्पर्क ठेगाना
1	Damauli	Damauli	31 Ashad - 1 Shrawan 2082	15 - 17 July 2025	30 - Ashad, 2082	MetLife, Pokhara, Ph:061-550095
2	Panipokhari	Kathmandu	01 - 03 Shrawan, 2082	17 - 19 July, 2025	31 - Ashad, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
3	Itahari	Itahari	01 - 03 Shrawan, 2082	17 - 19 July, 2025	31 - Ashad, 2082	MetLife, Itahari, Ph: 025-587195
4	Bhaktapur	Bhaktapur	05 - 07 Shrawan, 2082	21 - 23 July, 2025	4 - Shrawan, 2082	MetLife, Surya Binayak, P.h. 01-6617589
5	Satdobato	Lalitpur	05 - 07 Shrawan, 2082	21 - 23 July, 2025	4 - Shrawan, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
6	Palpa	Palpa	05 - 07 Shrawan, 2082	21 - 23 July, 2025	4 - Shrawan, 2082	MetLife, Palpa, Ph: 075-522557
7	Parsa	Parsa	06 - 08 Shrawan, 2082	22 - 24 July, 2025	5 - Shrawan, 2082	MetLife, Chitwan, Ph:056-595938
8	Banepa	Banepa	07 - 09 Shrawan, 2082	23 - 25 July, 2025	6 - Shrawan, 2082	MetLife, Banepa, P.h. 011-662456
9	Birgunj	Birgunj	10-12 Shrawan 2082	26 - 28 July 2025	9 - Shrawan, 2082	MetLife, Birgunj, Ph:051-520757
10	Kantipath	Kathmandu	12 - 14 Shrawan, 2082	28 - 30 July, 2025	11 - Shrawan, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph:01-5455166
11	Lahan	Lahan	12 - 14 Shrawan, 2082	28 - 30 July, 2025	11 - Shrawan, 2082	MetLife, Lahan, Ph:033-590402
12	Bouddha	Kathmandu	13 - 15 Shrawan, 2082	29 - 31 July, 2025	12 - Shrawan, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
13	Biratnagar	Biratnagar	13-15 Shrawan, 2082	29-31 July, 2025	12 - Shrawan, 2082	MetLife, Biratnagar, Ph:021-590013
14	Damak	Damak	13-15 Shrawan, 2082	29-31 July, 2025	12 - Shrawan, 2082	MetLife, Damak, Ph:023-583970/71
15	Mahendranagar	Mahendranagar	13-15 Shrawan, 2082	29-31 July, 2025	12 - Shrawan, 2082	MetLife, Mahendranagar, Ph:99-520229
16	Gaighat	Gaighat	13-15 Shrawan 2082	29-31 July, 2025	12 - Shrawan, 2082	MetLife, Gaighat, Ph:035-421660
17	Head office	Lalitpur	14 - 16 Shrawan, 2082	30 July- 01 August, 2025	13 - Shrawan, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
18	Nepalgunj	Nepalgunj	14 - 16 Shrawan, 2082	30 July- 01 August, 2025	13 - Shrawan, 2082	MetLife, Nepalgunj Ph : 081-411015
19	Hetauda	Hetauda	18-20 Shrawan, 2082	03 - 05 August, 2025	17 - Shrawan, 2082	MetLife, Hetauda, Ph:057-5211553
20	Minbhawan	Kathmandu	19 - 21 Shrawan, 2082	04 - 06 August, 2025	18 - Shrawan, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
21	Surkhet	Surkhet	20-22 Shrawan, 2082	04-06 August, 2025	19 - Shrawan, 2082	MetLife, Surkhet, Ph: 083-521588
22	Kawasoti	Kawasoti	20 - 21 Shrawan, 2082	05 - 07 August, 2025	19 - Shrawan, 2082	MetLife, Butwal, Ph:071-503114
23	Butwal	Butwal	20 - 21 Shrawan, 2082	05 - 07 August, 2025	19 - Shrawan, 2082	MetLife, Butwal, Ph:071-503113
24	Pokhara	Pokhara	20 - 21 Shrawan, 2082	05 - 07 August, 2025	19 - Shrawan, 2082	MetLife, Pokhara, Ph:061-550095
25	Dharan	Dharan	21 - 23 Shrawan, 2082	06 - 08 August, 2025	20 - Shrawan, 2082	MetLife, Dharan, Ph: 025-532791
26	Thapathali	Kathmandu	21 - 23 Shrawan, 2082	06 - 08 August, 2025	20 - Shrawan, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
27	Ravibhawan	Kathmandu	21 - 23 Shrawan, 2082	06 - 08 August, 2025	20 - Shrawan, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
28	Biratnagar	Biratnagar	25-27 Shrawan, 2082	10-12 August, 2025	24 - Shrawan, 2082	MetLife, Biratnagar, Ph:021-590013
29	Birtamod	Birtamod	25-27 Shrawan, 2082	10-12 August, 2025	24 - Shrawan, 2082	MetLife, Birtamode, Ph:023-544025
30	Dhangadhi	Dhangadhi	25-27 Shrawan, 2082	10-12 August, 2025	24 - Shrawan, 2082	MetLife, Dhangadhi, Ph:091-523815
31	Bhaktapur	Bhaktapur	26 - 28 Shrawan, 2082	11 - 13 August, 2025	25 - Shrawan, 2082	MetLife, Surya Binayak, P.h. 01-6617589
32	Itahari	Itahari	26-28 Shrawan, 2082	11-13 August, 2025	25 - Shrawan, 2082	MetLife, Itahari, Ph: 025-587195
33	Kohalpur	Kohalpur	26-28 shrawan, 2082	11-13 August, 2025	25 - Shrawan, 2082	MetLife, Nepalgunj Ph : 081-411015

34	Bhairahawa	Bhairahawa	27 - 29 Shrawan, 2082	12 - 14 August, 2025	26 - Shrawan, 2082	MetLife, Bhairahawa Ph : 071-590864
35	Chitwan	Chitwan	28 - 30 Shrawan, 2082	13 - 15 August, 2025	27 - Shrawan, 2082	MetLife, Chitwan, Ph:056-595938
36	Chapur	Chapur	28 - 30 Shrawan, 2082	13 - 15 August, 2025	27 - Shrawan, 2082	MetLife, Birgunj, Ph:051-520757
37	Banepa	Banepa	28 - 30 Shrawan, 2082	13 - 15 August, 2025	27 - Shrawan, 2082	MetLife, Banepa, P.h. 011-662456
38	Kamalpokhari	Kathmandu	28 - 30 Shrawan 2082	13 - 15 August, 2025	27 - Shrawan, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
39	Kantipath	Kathmandu	02 - 04 Bhadra, 2082	18 - 20 August, 2025	1 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
40	Panipokhari	Kathmandu	02 - 04 Bhadra, 2082	18 - 20 August, 2025	1 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
41	Bardaghat	Bardaghat	02 - 04 Bhadra, 2082	18 - 20 August, 2025	1 - Bhadra, 2082	MetLife, Bardaghat, Ph:078-580783
42	Damauli	Damauli	03 - 05 Bhadra 2082	19 - 21 August 2025	2 - Bhadra, 2082	MetLife, Pokhara, Ph:061-550095
43	Janakpur	Janakpur	04 - 06 Bhadra, 2082	20 - 22 August, 2025	3 - Bhadra, 2082	MetLife, Janakpur Ph : 041-590426
44	Birgunj	Birgunj	04 - 06 Bhadra, 2082	20 - 22 August, 2025	3 - Bhadra, 2082	MetLife, Birgunj, Ph:051-520757
45	Head office	Lalitpur	04 - 06 Bhadra, 2082	20 - 22 August, 2025	3 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
46	Satdobato	Kathmandu	04 - 06 Bhadra, 2082	20 - 22 August, 2025	3 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
47	Bouddha	Kathmandu	04 - 06 Bhadra, 2082	20 - 22 August, 2025	3 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
48	Nepalgunj	Nepalgunj	04 - 06 Bhadra, 2082	20 - 22 August, 2025	3 - Bhadra, 2082	MetLife, Nepalgunj Ph : 081-411015
49	Lahan	Lahan	09 - 11 Bhadra, 2082	25 - 27 August, 2025	8 - Bhadra, 2082	MetLife, Lahan, Ph:033-590402
50	Biratnagar	Biratnagar	13 - 15 Ashad, 2082	29 - 31 August, 2025	12 - Ashad, 2082	MetLife, Biratnagar, Ph:021-590013
51	Damak	Damak	13 - 15 Ashad, 2082	29 - 31 August, 2025	12 - Ashad, 2082	MetLife, Damak, Ph:023-583970/71
52	Tikapur	Tikapur	13 - 15 Ashad, 2082	29 - 31 August, 2025	12 - Ashad, 2082	MetLife, Tikapur, Ph : 091-560887
53	Minbhawan	Kathmandu	02 - 04 Bhadra, 2082	01 - 03 September, 2025	1 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
54	Pokhara	Pokhara	17-19 Bhadra 2082	02 - 04 September 2025	16 - Bhadra, 2082	MetLife, Pokhara, Ph:061-550095
55	Surkhet	Surkhet	17 - 19 Bhadra, 2082	02 - 04 September, 2025	16 - Bhadra, 2082	MetLife, Surkhet ,Ph: 083-521588
56	Butwal	Butwal	17 - 19 Bhadra, 2082	02 - 04 September, 2025	16 - Bhadra, 2082	MetLife, Butwal, Ph:071-503113
57	Hetauda	Hetauda	18 - 20 Bhadra, 2082	03 - 05 September, 2025	17 - Bhadra, 2082	MetLife, Hetauda, Ph:057-5211553
58	Thapathali	Kathmandu	18 - 20 Bhadra, 2082	03 - 05 September, 2025	17 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
59	Ravibhawan	Kathmandu	18 - 20 Bhadra, 2082	03 - 05 September, 2025	17 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
60	Itahari	Itahari	19-21 Bhadra, 2082	04 - 06 September, 2025	18 - Bhadra, 2082	MetLife, Itahari, Ph: 025-587195
61	Bhaktapur	Bhaktapur	23 - 25 Bhadra, 2082	08 - 10 September, 2025	22 - Bhadra, 2082	MetLife, Surya Binayak, P.h. 01-6617589
62	Chitwan	Chitwan	25 - 27 Bhadra, 2082	10 - 12 September, 2025	24 - Bhadra, 2082	MetLife, Chitwan, Ph:056-595938
63	Dang	Dang	25 - 27 Bhadra, 2082	10 - 12 September, 2025	24 - Bhadra, 2082	MetLife, Dang, Ph:082-564018
64	Banepa	Banepa	25 - 27 Bhadra, 2082	10 - 12 September, 2025	24 - Bhadra, 2082	MetLife, Banepa, P.h. 011-662456
65	Kamalpokhari	Kathmandu	25 - 27 Bhadra, 2082	10 - 12 September, 2025	24 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
66	Biratnagar	Biratnagar	25 - 27 Bhadra, 2082	10 - 12 September, 2025	24 - Bhadra, 2082	MetLife, Biratnagar, Ph:021-590013
67	Birtamod	Birtamod	25 - 27 Bhadra, 2082	10 - 12 September, 2025	24 - Bhadra, 2082	MetLife, Birtamode, Ph:023-544025
68	Katari	Katari	25 - 27 Bhadra, 2082	10 - 12 September, 2025	24 - Bhadra, 2082	MetLife, Katari, Ph : 035-450431
69	Mahendranagar	Mahendranagar	25 - 27 Bhadra, 2082	10 - 12 September, 2025	24 - Bhadra, 2082	MetLife, Mahendranagar, Ph:99-520229

70	Birgunj	Birgunj	28 - 30 Bhadra, 2082	11 - 13 September, 2025	27th Bhadra, 2082	MetLife, Birgunj, Ph:051-520757
71	Panipokhari	Kathmandu	30 Bhadra - 01 Ashwin, 2082	15 - 17 September, 2025	29 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
72	Satdobato	Lalitpur	30 Bhadra - 01 Ashwin, 2082	15 - 17 September, 2025	29 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
73	Kantipath	Kathmandu	30 Bhadra - 1st Ashwin, 2082	15 -17 September, 2025	29 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
74	Nepalgunj	Nepalgunj	30 Bhadra - 1 Ashwin, 2082	15-17 September, 2025	29 - Bhadra, 2082	MetLife, Nepalgunj Ph : 081-411015
75	Parsa	Parsa	31 Bhadra - 2nd Ashwin, 2082	16 - 18 September, 2025	30 - Bhadra, 2082	MetLife, Chitwan, Ph:056-595938
76	Head office	Lalitpur	31 Bhadra - 2nd Ashwin, 2082	16 - 18 September, 2025	30 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
77	Chapur	CHapur	01- 03 Ashwin, 2082	17 - 19 September, 2025	31 - Bhadra, 2082	MetLife, Birgunj, Ph:051-520757
78	Bhairahawa	Bhairahawa	01- 03 Ashwin, 2082	17 - 19 September, 2025	31 - Bhadra, 2082	MetLife, Bhairahawa Ph : 071-590864
79	Bouddha	Lalitpur	01 - 03 Ashwin, 2082	17 - 19 September, 2025	31 - Bhadra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
80	Bhojpur	Bhojpur	03 - 05 Ashwin, 2082	19 - 21 September, 2025	2 - Ashwin, 2082	MetLife, Biratnagar, Ph:021-590013
81	Biratnagar	Biratnagar	08-10 Ashwin, 2082	24 - 26 September, 2025	7 - Ashwin, 2082	MetLife, Biratnagar, Ph:021-590013
82	Ilam	Ilam	08-10 Ashwin, 2082	24 - 26 September, 2025	7 - Ashwin, 2082	MetLife, Ilam, Ph:027-521986
83	Dhangadhi	Dhangadhi	08-10 Ashwin, 2082	24 - 26 September, 2025	7 - Ashwin, 2082	MetLife, Dhangadhi,Ph:091-523815
84	Kapilvastu	Kapilvastu	08-10 Ashwin, 2082	24 - 26 September, 2025	7 - Ashwin, 2082	MetLife, Butwal, Ph:071-503113
85	Surkhet	Surkhet	27 - 29 Ashwin 2082	13-15 October, 2025	26 - Ashwin, 2082	MetLife, Surkhet ,Ph: 083-521588
86	Janakpur	Janakpur	22 - 24 Ashwin, 2082	08- 10 october , 2025	21 - Ashwin, 2082	MetLife, Janakpur Ph : 041-590426
87	Chitwan	Chitwan	27 - 29 Ashwin 2082	13 - 15 October, 2025	26 - Ashwin, 2082	MetLife, Chitwan, Ph:056-595938
88	Head office	Lalitpur	27 - 29 Ashwin, 2082	13 - 15 October, 2025	26 - Ashwin, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
89	Ravibhawan	Kathmandu	27 - 29 Ashwin 2082	13 - 15 October, 2025	26 - Ashwin, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
90	Satdobato	Lalitpur	27 - 29 Ashwin 2082	13 - 15 October, 2025	26 - Ashwin, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
91	Butwal	Butwal	27-29 Ashwin, 2082	13-15 October, 2025	26 - Ashwin, 2082	MetLife, Butwal, Ph:071-503113
92	Pokhara	Pokhara	28 - 30 Ashwin 2082	14 - 16 October 2025	27 - Ashwin, 2082	MetLife, Pokhara, Ph:061-550095
93	Birgunj	Birgunj	29 - 31 Ashwin, 2082	15 - 17 October, 2025	28- Ashwin, 2082	MetLife, Birgunj, Ph:051-520757
94	Birtamod	Birtamod	30 Ashwin - 1 Kartik, 2082	16-18 October, 2025	29 - Ashwin, 2082	MetLife, Birtamode, Ph:023-544025
95	Biratnagar	Biratnagar	30 Ashwin - 1 Kartik, 2082	16-18 October, 2025	29 - Ashwin, 2082	MetLife, Biratnagar, Ph:021-590013
96	Itahari	Itahari	30 Ashwin - 1 Kartik, 2082	16-18 October, 2025	29 - Ashwin, 2082	MetLife, Itahari, Ph: 025-587195
97	Tikapur	Tikapur	28 - 30 Ashwin 2082	14-16 October, 2025	27 - Ashwin, 2082	MetLife, Tikapur, Ph : 091-560887
98	Kantipath	Kathmandu	11 - 13 Kartik, 2082	28 - 30 October, 2025	10 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
99	Janakpur	Janakpur	12 - 14 Kartik, 2082	29 - 31 October, 2025	11 - Kartik, 2082	MetLife, Janakpur Ph : 041-590426
100	Bhairahawa	Bhairahawa	12-14 Kartik, 2082	29 - 31 October, 2025	11 - Kartik, 2082	MetLife, Bhairahawa Ph : 071-590864
101	Minbhawan	Kathmandu	12-14 Kartik, 2082	29 - 31 October, 2025	11 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
102	Chitwan	Chitwan	17-19 Kartik, 2082	03 - 05 November, 2025	16 - Kartik, 2082	MetLife, Chitwan, Ph:056-595938
103	Bhaktapur	Bhaktapur	17 - 19 Kartik, 2082	03 - 05 November, 2025	16 - Kartik, 2082	MetLife, Surya Binayak, P.h. 01-6617589
104	Biratnagar	Biratnagar	17 - 19 Kartik, 2082	03 - 05 November, 2025	16 - Kartik, 2082	MetLife, Biratnagar, Ph:021-590013
105	Pokhara	Pokhara	18 - 20 Kartik 2082	04 -06 November 2025	17 - Kartik, 2082	MetLife, Pokhara, Ph:061-550095

106	Dang	Dang	18 - 20 Kartik, 2082	04 -06 November 2025	17 - Kartik, 2082	MetLife, Dang, Ph:082-564018
107	Hetauda	Hetauda	19 - 21 Kartik 2082	05 - 07 November, 2025	18 - Kartik, 2082	MetLife, Hetauda, Ph:057-5211553
108	Kamalpokhari	Kathmandu	19 - 21 Kartik 2082	05 - 07 November, 2025	18 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
109	Birtamod	Birtamod	19 - 21 Kartik 2082	05 - 07 November, 2025	18 - Kartik, 2082	MetLife, Birtamode, Ph:023-544025
110	Mahendranagar	Mahendranagar	19 - 21 Kartik 2082	05 - 07 November, 2025	18 - Kartik, 2082	MetLife, Mahendranagar, Ph:99-520229
111	Banepa	Banepa	24 - 26 Kartik, 2082	10 - 12 November, 2025	23 - Kartik, 2082	MetLife, Banepa, P.h. 011-662456
112	Bouddha	Kathmandu	24 - 26 Kartik 2082	10 - 12 November, 2025	23 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
113	Butwal	Butwal	25-27 Kartik, 2082	11 - 13 November, 2025	24 - Kartik, 2082	MetLife, Butwal, Ph:071-503113
114	Kawasoti	Kawasoti	26 - 28 Kartik, 2082	12 - 14 November, 2025	25 - Kartik, 2082	MetLife, Butwal, Ph:071-503114
115	Kantipath	Kathmandu	26 - 28 Kartik, 2082	12 - 14 November, 2025	25 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
116	PaniPokhari	Kathmandu	26 - 28 Kartik 2082	12 - 14 November, 2025	25 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
117	Nepalgunj	Nepalgunj	26 - 28 Kartik, 2082	12 - 14 November, 2025	25 - Kartik, 2082	MetLife, Nepalgunj Ph : 081-411015
118	Surkhet	Surkhet	28 - 30 Kartik, 2082	13 - 15 November, 2025	27 - Kartik, 2082	MetLife, Surkhet ,Ph: 083-521588
119	Gaighat	Gaighat	28-30 Kartik ,2082	14 - 16 November, 2025	27 - Kartik, 2082	MetLife, Gaighat, Ph:035-421660
120	Minbhawan	Kathmandu	01 - 03 Mangsir, 2082	17 - 19 November, 2025	30 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
121	Thapathali	Kathmandu	01 - 03 Mangsir, 2082	17 - 19 November, 2025	30 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
122	Ravibhawan	Kathmandu	01 - 03 Mangsir 2082	17 - 19 November, 2025	30 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
123	Satdobato	Lalitpur	01 - 03 Mangsir 2082	17 - 19 November, 2025	30 - Kartik, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
124	Lahan	Lahan	01 - 03 Mangsir 2082	17 - 19 November, 2025	30 - Kartik, 2082	MetLife, Lahan, Ph:033-590402
125	Damauli	Damauli	02 - 04 Mangsir 2082	18 - 20 November 2025	1 - Mangsir, 2082	MetLife, Pokhara, Ph:061-550095
126	Bardaghat	Bardaghat	02 - 04 Mangsir 2082	18 - 20 November 2025	1 - Mangsir, 2082	MetLife, Bardaghat, Ph:078-580783
127	Head office	Lalitpur	03 - 05 Mangsir, 2082	19 - 21 November, 2025	2 - Mangsir, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
128	Parsa	Parsa	03 - 05 Mangsir, 2082	19 - 21 November, 2025	2 - Mangsir, 2082	MetLife, Chitwan, Ph:056-595938
129	Birgunj	Birgunj	06 - 08 Mangsir, 2082	22 - 24 November, 2025	5- Mangsir, 2082	MetLife, Birgunj, Ph:051-520757
130	Bhairahawa	Bhairahawa	7-9 Mangsir, 2082	23 - 25 November, 2025	6 - Mangsir, 2082	MetLife, Bhairahawa Ph : 071-590864
131	Damak	Damak	8-10 Magsir, 2082	24-26 November, 2025	7 - Mangsir, 2082	MetLife, Damak, Ph:023-583970/71
132	Biratnagar	Biratnagar	8-10 Magsir, 2082	24-26 November, 2025	7 - Mangsir, 2082	MetLife, Biratnagar, Ph:021-590013
133	Dharan	Dharan	8-10 Mangsir, 2082	24-26 November, 2025	7 - Mangsir, 2082	MetLife, Dharan, Ph: 025-532791
134	Dhangadhi	Dhangadhi	8-10 Magsir, 2082	24-26 November, 2025	7 - Mangsir, 2082	MetLife, Dhangadhi,Ph:091-523815
135	Head office	Lalitpur	10 - 12 Mangsir, 2082	26 - 28 November, 2025	9 - Mangsir, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
136	Kantipath	Kathmandu	10 - 12 Mangsir, 2082	26 - 28 November, 2025	9 - Mangsir, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
137	Kohalpur	Kohalpur	10-12 Mangsir, 2082	26-28 November, 2025	9 - Mangsir, 2082	MetLife, Nepalgunj Ph : 081-411015
138	Janakpur	Janakpur	12 - 14 Mangsir, 2082	28- 31 November, 2025	11 - Mangsir, 2082	MetLife, Janakpur Ph : 041-590426
139	Minbhawan	Kathmandu	15 - 17 Mangsir 2082	01 - 03 December, 2025	14 - Mangsir, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
140	Kapilvastu	Kapilvastu	15 - 17 Mangsir 2082	01 - 03 December, 2025	14 - Mangsir, 2082	MetLife, Butwal, Ph:071-503113
141	Hetauda	Hetauda	15 - 17 Mangsir 2082	01 - 03 December, 2025	14 - Mangsir, 2082	MetLife, Hetauda, Ph:057-5211553

142	Surkhet	Surkhet	17 - 19 Mangsir, 2082	02 - 04 December, 2025	16 - Mangsir, 2082	MetLife, Surkhet ,Ph: 083-521588
143	Pokhara	Pokhara	17 - 19 Mangsir, 2082	02 - 04 December, 2025	16 - Mangsir, 2082	MetLife, Pokhara, Ph:061-550095
144	Kamalpokhari	Kathmandu	17 - 19 Mangsir, 2082	03 - 05 December, 2025	16 - Mangsir, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
145	Itahari	Itahari	21-23 Mangsir, 2082	07 - 09 December, 2025	20 - Mangsir, 2082	MetLife, Itahari, Ph: 025-587195
146	Head office	Lalitpur	22 - 24 Mangsir, 2082	08 - 10 December, 2025	21 - Mangsir, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
147	Banepa	Banepa	22 - 24 Mangsir, 2082	08 - 10 December, 2025	21 - Mangsir, 2082	MetLife, Banepa, P.h. 011-662456
148	Birtamod	Birtamod	22-24 Mangsir, 2082	08 - 10 December, 2025	21 - Mangsir, 2082	MetLife, Birtamode, Ph:023-544025
149	Biratnagar	Biratnagar	22-24 Mangsir, 2082	08 - 10 December, 2025	21 - Mangsir, 2082	MetLife, Biratnagar, Ph:021-590013
150	Butwal	Butwal	22-24 Mangsir, 2082	08 - 10 December, 2025	21 - Mangsir, 2082	MetLife, Butwal, Ph:071-503113
151	Tikapur	Tikapur	22-24 Mangsir, 2082	08 - 10 December, 2025	21 - Mangsir, 2082	MetLife, Tikapur, Ph : 091-560887
152	Kawasoti	Kawasoti	24 - 26 Mangsir, 2082	10 - 12 December, 2025	23 - Mangsir, 2082	MetLife, Butwal, Ph:071-503114
153	Chapur	Chapur	24 - 26 Mangsir, 2082	10 - 12 December, 2025	23 - Mangsir, 2082	MetLife, Birgunj, Ph:051-520757
154	Nepalgunj	Nepalgunj	24 - 26 Mangsir, 2082	10 - 12 December, 2025	23 - Mangsir, 2082	MetLife, Nepalgunj Ph : 081-411015
155	Bouddha	Kathmandu	24 - 26 Mangsir, 2082	10 - 12 December, 2025	23 - Mangsir, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
156	Bhaktapur	Bhaktapur	29 Mangsir - 02 Poush, 2082	15 - 17 December, 2025	28 - Mangsir, 2082	MetLife, Surya Binayak, P.h. 01-6617589
157	Panipokhari	Kathmandu	29 Mangsir - 02 Poush, 2082	15 - 17 December, 2025	28 - Mangsir, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
158	Damauli	Damauli	01 - 03 Poush 2082	16-18 December 2025	29 - Mangsir, 2082	MetLife, Pokhara, Ph:061-550095
159	Dang	Dang	01 - 03 Poush 2082	16-18 December 2025	29 - Mangsir, 2082	MetLife, Dang, Ph:082-564018
160	Ravibhawan	Kathmandu	02 - 04 Poush, 2082	17 - 19 December, 2025	1 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
161	Satdobato	Lalitpur	02 - 04 Poush, 2082	17 - 19 December, 2025	1 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
162	Birgunj	Birgunj	02 - 04 Poush, 2082	17 - 19 December, 2025	1 - Poush, 2082	MetLife, Birgunj, Ph:051-520757
163	Thapathali	Kathmandu	02 - 04 Poush, 2082	17 - 19 December, 2025	1 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
164	Janakpur	Janakpur	02 - 04 Poush, 2082	17- 19 December, 2025	1 - Poush, 2082	MetLife, Janakpur Ph : 041-590426
165	Chitwan	Chitwan	02-04 Poush, 2082	17-19 December, 2025	1 - Poush, 2082	MetLife, Chitwan, Ph:056-595938
166	Head office	Lalitpur	07 - 09 Poush, 2082	22 - 24 December, 2025	6 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
167	Ilam	Ilam	14-16 Push, 2082	29-31 December, 2025	13 - Poush, 2082	MetLife, Illam, Ph:027-521986
168	Biratnagar	Biratnagar	14-16 Push, 2082	29-31 December, 2025	13 - Poush, 2082	MetLife, Biratnagar, Ph:021-590013
169	Gaighat	Gaighat	14-16 Poush,2082	29-31 December, 2025	13 - Poush, 2082	MetLife, Gaighat, Ph:035-421660
170	Mahendranagar	Mahendranagar	14-16 Push, 2082	29-31 December, 2025	13 - Poush, 2082	MetLife, Mahendranagar, Ph:99-520229
171	Kantipath	Kathmandu	16 - 18 Poush, 2082	31st December- 2nd Janu	15 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
172	Surkhet	Surkhet	18 - 20 Poush, 2082	02 - 04 January, 2026	17 - Poush, 2082	MetLife, Surkhet ,Ph: 083-521588
173	Itahari	Itahari	20-22 Push, 2082	04 - 06 January, 2026	19 - Poush, 2082	MetLife, Itahari, Ph: 025-587195
174	Hetauda	Hetauda	20-22 Push, 2082	04 - 06 January, 2026	19 - Poush, 2082	MetLife, Hetauda, Ph:057-5211553
175	Minbhawan	Kathmandu	21 - 23 Poush, 2082	05 - 07 January, 2026	20 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
176	Pokhara	Pokhara	22-24 Poush 2082	06 - 08 January 2026	21 - Poush, 2082	MetLife, Pokhara, Ph:061-550095
177	Chitwan	Chitwan	23- 25 Poush, 2082	07 - 09 January, 2026	22 - Poush, 2082	MetLife, Chitwan, Ph:056-595938

178	Janakpur	Janakpur	23 - 25 Poush 2082	07 - 09 January, 2026	22 - Poush, 2082	MetLife, Janakpur Ph : 041-590426
179	Butwal	Butwal	23 - 25 Poush 2082	07 - 09 January, 2026	22 - Poush, 2082	MetLife, Butwal, Ph:071-503113
180	Banepa	Banepa	23 - 25 Poush, 2082	07 - 09 January, 2026	22 - Poush, 2082	MetLife, Banepa, P.h. 011-662456
181	Kamalpokhari	Kathmandu	23 - 25 Poush 2082	07 - 09 January, 2026	22 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
182	Birtamod	Birtamod	28-30 Push, 2082	12-14 January, 2026	27 - Poush, 2082	MetLife, Birtamode, Ph:023-544025
183	Biratnagar	Biratnagar	28-30 Push, 2082	12-14 January, 2026	27 - Poush, 2082	MetLife, Biratnagar, Ph:021-590013
184	Dharan	Dharan	28-30 Push, 2082	12-14 January, 2026	27 - Poush, 2082	MetLife, Dharan, Ph: 025-532791
185	Bardaghat	Bardaghat	28-30 Poush, 2082	12-14 January, 2026	27 - Poush, 2082	MetLife, Bardaghat, Ph:078-580783
186	Dhangadhi	Dhangadhi	28-30 Push, 2082	12-14 January, 2026	27 - Poush, 2082	MetLife, Dhangadhi, Ph:091-523815
187	Bouddha	Kathmandu	30 Poush - 02 Magh, 2082	14 - 16 January, 2026	29 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
188	Panipokhari	Kathmandu	30 Poush - 02 Magh, 2082	14 - 16 January, 2026	29 - Poush, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
189	Nepalgunj	Nepalgunj	05 - 07 Magh, 2082	19 - 21 January, 2026	4 - Magh, 2082	MetLife, Nepalgunj Ph : 081-411015
190	Ravibhawan	Kathmandu	05 - 07 Magh, 2082	19 - 21 January, 2026	4 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
191	Gaighat	Gaighat	05 - 07 Magh, 2082	19 - 21 January, 2026	4 - Magh, 2082	MetLife, Gaighat, Ph:035-421660
192	Bhairahawa	Bhairahawa	06 - 08 Magh, 2082	20 - 22 January, 2026	5 - Magh, 2082	MetLife, Bhairahawa Ph : 071-590864
193	Bhaktapur	Bhaktapur	06 - 08 Magh, 2082	20 - 22 January, 2026	5 - Magh, 2082	MetLife, Surya Binayak, P.h. 01-6617589
194	Head office	Lalitpur	06 - 08 Magh, 2082	20 - 22 January, 2026	5 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
195	Damak	Damak	06 - 08 Magh, 2082	20 - 22 January, 2026	5 - Magh, 2082	MetLife, Damak, Ph:023-583970/71
196	Birgunj	Birgunj	06 - 08 Magh, 2082	20 - 22 January, 2026	5 - Magh, 2082	MetLife, Birgunj, Ph:051-520757
197	Tikapur	Tikapur	06 - 08 Magh, 2082	20 - 22 January, 2026	5 - Magh, 2082	MetLife, Tikapur, Ph : 091-560887
198	Satdobato	Lalitpur	07 - 09 Magh, 2082	21 - 23 January, 2026	6 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
199	Kantipath	Kathmandu	12 - 14 Magh, 2082	26 - 28 January, 2026	11 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
200	Lahan	Lahan	13 - 15 Magh, 2082	27 - 29 January, 2026	12 - Magh, 2082	MetLife, Lahan, Ph:033-590402
201	Head office	Lalitpur	13 - 15 Magh, 2082	27 - 29 January, 2026	12 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
202	Chitwan	Chitwan	13-15 Magh, 2082	27-29 January, 2026	12 - Magh, 2082	MetLife, Chitwan, Ph:056-595938
203	Ilam	Ilam	13-15 Magh, 2082	27-29 January, 2026	12 - Magh, 2082	MetLife, Illam, Ph:027-521986
204	Biratnagar	Biratnagar	13-15 Magh, 2082	27-29 January, 2026	12 - Magh, 2082	MetLife, Biratnagar, Ph:021-590013
205	Mahendranagar	Mahendranagar	13-15 Magh, 2082	27-29 January, 2026	12 - Magh, 2082	MetLife, Mahendranagar, Ph:99-520229
206	Chapur	Chapur	14-16 Magh, 2082	28-30 January, 2026	13 - Magh, 2082	MetLife, Birgunj, Ph:051-520757
207	Kohalpur	Kohalpur	14-16 Magh, 2082	28-30 January, 2026	13 - Magh, 2082	MetLife, Nepalgunj Ph : 081-411015
208	Surkhet	Surkhet	19-21 Magh, 2082	01- 03 February, 2026	18 - Magh, 2082	MetLife, Surkhet , Ph: 083-521588
209	Minbhawan	Kathmandu	19 - 21 Magh, 2082	02 - 04 February, 2026	18 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
210	Hetauda	Hetauda	20-22 Magh 2082	03 - 05 February 2026	19 - Magh, 2082	MetLife, Hetauda, Ph:057-5211553
211	Pokhara	Pokhara	20-22 Magh 2082	03 - 05 February 2026	19 - Magh, 2082	MetLife, Pokhara, Ph:061-550095
212	Itahari	Itahari	21 - 23 Magh, 2081	04 - 06 February, 2026	20 - Magh, 2081	MetLife, Itahari, Ph: 025-587195
213	Janakpur	Janakpur	21 - 23 Magh, 2081	04 - 06 February, 2026	20 - Magh, 2081	MetLife, Janakpur Ph : 041-590426

214	Palpa	Palpa	21 - 23 Magh, 2081	04 - 06 February, 2026	20 - Magh, 2081	MetLife, Palpa, Ph: 075-522557
215	Bhaktapur	Bhaktapur	21 - 23 Magh, 2082	04 - 06 February, 2026	20 - Magh, 2082	MetLife, Surya Binayak, P.h. 01-6617589
216	Kamalpokhari	Kathmandu	21 - 23 Magh, 2082	04 - 06 February, 2026	20 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
217	Kantipath	Kathmandu	26 - 28 Magh, 2082	09 - 11 February, 2026	25 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
218	Thapathali	Kathmandu	26 - 28 Magh, 2082	09 - 11 February, 2026	25 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
219	Bouddha	Kathmandu	26 - 28 Magh, 2082	09- 11 February, 2026	25 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
220	Chitwan	Chitwan	27 - 29 Magh, 2082	10 - 12 February, 2026	26 - Magh, 2082	MetLife, Chitwan, Ph:056-595938
221	Birtamod	Birtamod	27-29 Magh, 2082	10-12 February, 2026	26 - Magh, 2082	MetLife, Birtamode, Ph:023-544025
222	Butwal	Butwal	27-29 Magh, 2082	10-12 February, 2026	26 - Magh, 2082	MetLife, Butwal, Ph:071-503113
223	Dhangadhi	Dhangadhi	27-29 Magh, 2082	10-12 February, 2026	26 - Magh, 2082	MetLife, Dhangadhi, Ph:091-523815
224	Panipokhari	Kathmandu	28 Magh - 01 Falgun, 2082	11 - 13 February, 2026	27 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
225	Head office	Lalitpur	28 Magh - 01 Falgun, 2082	11 - 13 February, 2026	27 - Magh, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
226	Banepa	Banepa	28 Magh - 01 Falgun, 2082	11 - 13 February, 2026	27 - Magh, 2082	MetLife, Banepa, P.h. 011-662456
227	Biratnagar	Biratnagar	28 Magh - 01 Falgun, 2082	11 - 13 February, 2026	27 - Magh, 2082	MetLife, Biratnagar, Ph:021-590013
228	Bhojpur	Bhojpur	29 Magh - 2 Falgun, 2082	12-14 February, 2026	28 - Magh, 2082	MetLife, Biratnagar, Ph:021-590013
229	Nepalgunj	Nepalgunj	06 - 08 Falgun, 2082	18 - 20 February, 2026	5 - Falgun, 2082	MetLife, Nepalgunj Ph : 081-411015
230	Ravibhawan	Kathmandu	06 - 08 Falgun, 2082	18 - 20 February, 2026	5 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
231	Satdobato	Lalitpur	06 - 08 Falgun, 2082	18 - 20 February, 2026	5 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
232	Katari	Katari	8-10 Falgun, 2082	20-22 February, 2026	7 - Falgun, 2082	MetLife, Katari, Ph : 035-450431
233	Birgunj	Birgunj	10 - 12 Falgun, 2082	22 - 24 February, 2026	9 - Falgun, 2082	MetLife, Birgunj, Ph:051-520757
234	Parsa	Parsa	11-13 Falgun, 2082	23-25 February, 2026	10 - Falgun, 2082	MetLife, Chitwan, Ph:056-595938
235	Dang	Dang	11-13 Falgun, 2082	23-25 February, 2026	10 - Falgun, 2082	MetLife, Dang, Ph:082-564018
236	Head office	Lalitpur	12 - 14 Falgun, 2082	24 - 26 February, 2026	11 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
237	Biratnagar	Biratnagar	14-16 Falgun, 2082	26-28 February, 2026	13 - Falgun, 0282	MetLife, Biratnagar, Ph:021-590013
238	Surkhet	Surkhet	19 - 21 Falgun, 2082	03 - 05 March, 2026	18 - Falgun, 2082	MetLife, Surkhet, Ph: 083-521588
239	Janakpur	Janakpur	20 - 22 Falgun, 2081	04 - 06 March, 2026	19 - Falgun, 2081	MetLife, Janakpur Ph : 041-590426
240	Minbhawan	Kathmandu	20 - 22 Falgun, 2082	04 - 06 March, 2026	19 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
241	Kamalpokhari	Kathmandu	20 - 22 Falgun, 2082	04 - 06 March, 2026	19 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
242	Kantipath	Kathmandu	25 - 27 Falgun, 2082	09 - 11 March, 2026	24 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
243	Thapathali	Kathmandu	25 - 27 Falgun, 2082	09 - 11 March, 2026	24 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
244	Bouddha	Kathmandu	25 - 27 Falgun, 2082	09 - 11 March, 2026	24 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
245	Biratnagar	Biratnagar	25 - 27 Falgun, 2082	09 - 11 March, 2026	24 - Falgun, 2082	MetLife, Biratnagar, Ph:021-590013
246	Itahari	Itahari	25 - 27 Falgun, 2082	09 - 11 March, 2026	24 - Falgun, 2082	MetLife, Itahari, Ph: 025-587195
247	Butwal	Butwal	25 - 27 Falgun, 2082	09 - 11 March, 2026	24 - Falgun, 2082	MetLife, Butwal, Ph:071-503113
248	Hetauda	Hetauda	25 - 27 Falgun, 2082	09 - 11 March, 2026	24 - Falgun, 2082	MetLife, Hetauda, Ph:057-5211553
249	Chitwan	Chitwan	26-28 Falgun, 2082	10 - 12 March, 2026	25 - Falgun, 2082	MetLife, Chitwan, Ph:056-595938

250	Pokhara	Pokhara	26-28 Falgun 2082	10-12 March 2026	25 - Falgun, 2082	MetLife, Pokhara, Ph:061-550095
251	Head office	Lalitpur	27 - 29 Falgun, 2082	11 - 13 March, 2026	26 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
252	Bhaktapur	Bhaktapur	27 - 29 Falgun, 2082	11 - 13 March, 2026	26 - Falgun, 2082	MetLife, Surya Binayak, P.h. 01-6617589
253	Panipokhari	Kathmandu	27 - 29 Falgun, 2082	11 - 13 March, 2026	26 - Falgun, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
254	Damak	Damak	27-29 Falgun, 2082	11-13 March, 2026	26 - Falgun, 2082	MetLife, Damak, Ph:023-583970/71
255	Tikapur	Tikapur	27-29 Falgun, 2082	11-13 March, 2026	26 - Falgun, 2082	MetLife, Tikapur, Ph : 091-560887
256	Nepalgunj	Nepalgunj	28 - 30 Falgun, 2082	12 - 14 March , 2026	27 - Falgun, 2082	MetLife, Nepalgunj Ph : 081-411015
257	Bhairahawa	Bhairahawa	2-4 Chaitra, 2082	16 - 18 March, 2026	1 - Chaitra, 2082	MetLife, Bhairahawa Ph : 071-590864
258	Ravibhawan	Kathmandu	02 - 04 Chaitra, 2082	16 - 18 March, 2026	1 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
259	Satdobato	Lalitpur	04 - 06 Chaitra, 2082	18 - 20 March, 2026	3 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
260	Kawasoti	Kawasoti	4-6 Chaitra, 2082	18-20 March, 2026	3 - Chaitra, 2082	MetLife, Butwal, Ph:071-503114
261	Dharan	Dharan	4-6 Chaitra, 2082	18-20 March, 2026	3 - Chaitra, 2082	MetLife, Dharan, Ph: 025-532791
262	Kohalpur	Kohalpur	04-06 Chaitra, 2082	18-20 March, 2026	3 - Chaitra, 2082	MetLife, Nepalgunj Ph : 081-411015
263	Birgunj	Birgunj	8-10Chaitra 2082	22-24 March, 2026	7 - Chaitra, 2082	MetLife, Birgunj, Ph:051-520757
264	Head office	Lalitpur	09 - 11 Chaitra, 2082	23 - 25 March, 2026	8 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph:01-5455166
265	Banepa	Banepa	09 - 11 Chaitra, 2082	23 - 25 March, 2026	8 - Chaitra, 2082	MetLife, Banepa, P.h. 011-662456
266	Damauli	Damauli	9 - 11 Chaitra, 2082	23 - 25 March, 2026	8 - Chaitra, 2082	MetLife, Pokhara, Ph:061-550095
267	Birtamod	Birtamod	9 - 11 Chaitra, 2082	23 - 25 March, 2026	8 - Chaitra, 2082	MetLife, Birtamode, Ph:023-544025
268	Bardaghat	Bardaghat	9 - 11 Chaitra, 2082	23 - 25 March, 2026	8 - Chaitra, 2082	MetLife, Bardaghat, Ph:078-580783
269	Mahendranagar	Mahendranagar	9 - 11 Chaitra, 2082	23 - 25 March, 2026	8 - Chaitra, 2082	MetLife, Mahendranagar, Ph:99-520229
270	Chitwan	Chitwan	10 - 12 Chaitra, 2082	24-26 March, 2026	9 - Chaitra, 2082	MetLife, Chitwan, Ph:056-595938
271	Lahan	Lahan	10 - 12 Chaitra, 2082	24-26 March, 2026	9 - Chaitra, 2082	MetLife, Lahan, Ph:033-590402
272	Gaighat	Gaighat	11-13 Chaitra	25-27 March,2026	10 - Chaitra, itra	MetLife, Gaighat, Ph:035-421660
273	Biratnagar	Biratnagar	15-17 Chaitra, 2082	29-31 March, 2026	14 - Chaitra, 2082	MetLife, Biratnagar, Ph:021-590013
274	Minbhawan	Kathmandu	16 - 18 Chaitra, 2082	30 March - 1 April, 2026	15 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
275	Surkhet	Surkhet	19 - 21 Chaitra, 2082	01 - 03 April, 2026	18 - Chaitra, 2082	MetLife, Surkhet ,Ph: 083-521588
276	Thapathali	Kathmandu	18 - 20 Chaitra, 2082	01 - 03 April, 2026	17 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
277	Kamalpokhari	Kathmandu	18 - 20 Chaitra, 2082	01 - 03 April, 2026	17 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
278	Janakpur	Janakpur	18 - 20 Chaitra, 2082	01 - 03 April, 2026	17 - Chaitra, 2082	MetLife, Janakpur Ph : 041-590426
279	Parsa	Parsa	18 - 20 Chaitra, 2082	01 - 03 April, 2026	17 - Chaitra, 2082	MetLife, Chitwan, Ph:056-595938
280	Pokhara	Pokhara	19 - 21 Chaitra, 2082	01 - 03 April, 2026	18 - Chaitra, 2082	MetLife, Pokhara, Ph:061-550095
281	Ilam	Ilam	18 - 20 Chaitra, 2082	01 - 03 April, 2026	17 - Chaitra, 2082	MetLife, Illam, Ph:027-521986
282	Dhangadhi	Dhangadhi	18 - 20 Chaitra, 2082	01 - 03 April, 2026	17 - Chaitra, 2082	MetLife, Dhangadhi,Ph:091-523815
283	Chapur	Chapur	18 - 20 Chaitra, 2082	01 - 03 April, 2026	17 - Chaitra, 2082	MetLife, Birgunj, Ph:051-520757
284	Itahari	Itahari	22-24 Chaitra, 2082	05 - 07 April, 2026	21 - Chaitra, 2082	MetLife, Itahari, Ph: 025-587195
285	Kantipath	Kathmandu	23 - 25 Chaitra, 2082	06 - 08 April, 2026	22 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166

286	Butwal	Butwal	23 - 25 Chaitra, 2082	06 - 08 April, 2026	22 - Chaitra, 2082	MetLife, Butwal, Ph:071-503113
287	Birtamod	Birtamod	23 - 25 Chaitra, 2082	06 - 08 April, 2026	22 - Chaitra, 2082	MetLife, Birtamode, Ph:023-544025
288	Tikapur	Tikapur	23 - 25 Chaitra, 2082	06 - 08 April, 2026	22 - Chaitra, 2082	MetLife, Tikapur, Ph : 091-560887
289	Bhaktapur	Bhaktapur	25 - 27 Chaitra, 2082	08 - 10 April, 2026	24 - Chaitra, 2082	MetLife, Surya Binayak, P.h. 01-6617589
290	Bouddha	Kathmandu	25 - 27 Chaitra, 2082	08 - 10 April, 2026	24 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
291	Kawasoti	Kawasoti	25 - 27 Chaitra, 2082	08 - 10 April, 2026	24 - Chaitra, 2082	MetLife, Butwal, Ph:071-503114
292	Hetauda	Hetauda	25 - 27 Chaitra, 2082	08 - 10 April, 2026	24 - Chaitra, 2082	MetLife, Hetauda, Ph:057-5211553
293	Panipokhari	Kathmandu	27 - 29 Chaitra, 2082	10 - 12 April, 2026	26 - Chaitra, 2082	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
294	Biratnagar	Biratnagar	28-30 Chaitra, 2082	11-13 April, 2026	27 - Chaitra, 2082	MetLife, Biratnagar, Ph:021-590013
295	Banepa	Banepa	02 - 04 Baishakh, 2083	15 - 17 April, 2026	1 - Baishakh, 2083	MetLife, Banepa, P.h. 011-662456
296	Ravibhawan	Kathmandu	02 - 04 Bhaishakh, 2083	15 - 17 April, 2026	1 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
297	Palpa	Palpa	02 - 04 Bhaishakh, 2083	15 - 17 April, 2026	1 - Baishakh, 2083	MetLife, Palpa, Ph: 075-522557
298	Janakpur	Janakpur	07 - 09 Bhaishakh, 2083	20 - 22 April, 2026	6 - Baishakh, 2083	MetLife, Janakpur Ph : 041-590426
299	Nepalgunj	Nepalgunj	07 - 09 Baishakh, 2083	20 - 22 April, 2026	6 - Baishakh, 2083	MetLife, Nepalgunj Ph : 081-411015
300	Head office	Lalitpur	07 - 09 Baishakh, 2083	20 - 22 April, 2026	6 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
301	Dang	Dang	07 - 09 Baishakh, 2083	20 - 22 April, 2026	6 - Baishakh, 2083	MetLife, Dang, Ph:082-564018
302	Birgunj	Birgunj	07 - 09 Baishakh, 2083	20 - 22 April, 2026	6 - Baishakh, 2083	MetLife, Birgunj, Ph:051-520757
303	Damauli	Damauli	08-10 Baishakh 2083	21 - 23 April 2026	7 - Baishakh, 2083	MetLife, Pokhara, Ph:061-550095
304	Chitwan	Chitwan	09 - 11 Baishakh, 2083	22 - 24 April, 2026	8 - Baishakh, 2083	MetLife, Chitwan, Ph:056-595938
305	Minbhawan	Kathmandu	09 - 11 Baishakh, 2083	22 - 24 April, 2026	8 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
306	Satdobato	Lalitpur	09 - 11 Bhaishakh, 2083	22 - 24 April, 2026	8 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
307	Head office	Lalitpur	14 - 16 Baishakh, 2083	27 - 29 April, 2026	13 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph:01-5455166
308	Bhairahawa	Bhairahawa	15-17 Baishakh, 2083	28 -30 April, 2026	14 - Baishakh, 2083	MetLife, Bhairahawa Ph : 071-590864
309	Biratnagar	Biratnagar	15-17 Baisakh, 2083	28-30 April, 2026	14 - Baishakh, 2083	MetLife, Biratnagar, Ph:021-590013
310	Minbhawan	Kathmandu	16 - 18 Baishakh, 2083	29 April - 1 May, 2026	15 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
311	Kohalpur	Kohalpur	16-18 Baishakh, 2083	29 April- May 1, 2026	15 - Baishakh, 2083	MetLife, Nepalgunj Ph : 081-411015
312	Surkhet	Surkhet	18-20 Bhaishakh, 2083	01 - 03 May, 2026	17 - Baishakh, 2083	MetLife, Surkhet ,Ph: 083-521588
313	Kantipath	Kathmandu	21 - 23 Baishakh, 2083	04 - 06 May, 2026	20 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
314	Kamalpokhari	Kathmandu	21 - 23 Bhaishakh, 2083	04 - 06 May, 2026	20 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph:01-5455166
315	Itahari	Itahari	21 - 23 Baishakh, 2083	04 - 06 May, 2026	20 - Baishakh, 2083	MetLife, Itahari, Ph: 025-587195
316	Hetauda	Hetauda	21 - 23 Bhaishakh, 2083	04 - 06 May, 2026	20 - Baishakh, 2083	MetLife, Hetauda, Ph:057-5211553
317	Janakpur	Janakpur	22 - 24 Bhaishakh, 2083	05 - 07 May, 2026	21 - Baishakh, 2083	MetLife, Janakpur Ph : 041-590426
318	Butwal	Butwal	22 -24 Baishakh, 2083	05 - 07 May, 2026	21 - Baishakh, 2083	MetLife, Butwal, Ph:071-503113
319	Pokhara	Pokhara	22 -24 Baishakh, 2083	05 - 07 May, 2026	21 - Baishakh, 2083	MetLife, Pokhara, Ph:061-550095
320	Chitwan	Chitwan	22 -24 Baishakh, 2083	05 - 07 May, 2026	21 - Baishakh, 2083	MetLife, Chitwan, Ph:056-595938
321	Bhaktapur	Bhaktapur	23 - 25 Baishakh, 2083	06 - 08 May, 2026	22 - Baishakh, 2083	MetLife, Surya Binayak, P.h. 01-6617589

322	Bouddha	Kathmandu	23 - 25 Bhaishak, 2083	06 - 08 May, 2026	22 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
323	Birtamod	Birtamod	23 - 25 Baishak, 2083	06 - 08 May, 2026	22 - Baishakh, 2083	MetLife, Birtamode, Ph:023-544025
324	Mahendranagar	Mahendranagar	23 - 25 Baishak, 2083	06 - 08 May, 2026	22 - Baishakh, 2083	MetLife, Mahendranagar, Ph:99-520229
325	Gaighat	Gaighat	25-27 Baishak 2083	08 - 10 may 2026	24 - Baishakh, 2083	MetLife, Gaighat, Ph:035-421660
326	Banepa	Banepa	28 - 30 Baishak, 2083	11 - 13 May, 2026	27 - Baishakh, 2083	MetLife, Banepa, P.h. 011-662456
327	Lahan	Lahan	29-31 Bhaishak, 2083	12 - 14 May, 2026	28 - Baishakh, 2083	MetLife, Lahan, Ph:033-590402
328	Kapilvastu	Kapilvastu	29- 31 Bhaishak, 2083	12 - 14 May, 2026	28 - Baishakh, 2083	MetLife, Butwal, Ph:071-503113
329	Biratnagar	Biratnagar	29-31 Baisakh, 2083	12-14 May, 2026	28 - Baishakh, 2083	MetLife, Biratnagar, Ph:021-590013
330	Dharan	Dharan	29-31 Baisakh, 2083	12-14 May, 2026	28 - Baishakh, 2083	MetLife, Dharan, Ph: 025-532791
331	Thapathali	Kathmandu	30 Baishak - 1 Jestha, 2083	13 - 15 May, 2026	29 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
332	Panipokhari	Kathmandu	30 Bhaishak - 01 Jestha , 2083	13 - 15 May, 2026	29 - Baishakh, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
333	Ravibhawan	Kathmandu	04 - 06 Jestha 2083	18 - 20 May, 2026	3 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
334	Bardaghat	Bardaghat	04 - 06 Jestha, 2083	18-20 May, 2026	3 - Jestha, 2083	MetLife, Bardaghat, Ph:078-580783
335	Satdobato	Lalitpur	06 - 08 Jestha 2083	20 - 22 May, 2026	5 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
336	Nepalgunj	Nepalgunj	06 - 08 Jestha, 2083	20 - 22 May, 2026	5 - Jestha, 2083	MetLife, Nepalgunj Ph : 081-411015
337	Head office	Lalitpur	06 - 08 Jestha, 2083	20 - 22 May, 2026	5 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
338	Dang	Dang	7-9 Jestha, 2083	21-23 May, 2026	6 - Jestha, 2083	MetLife, Dang, Ph:082-564018
339	Minbhawan	Kathmandu	11 - 13 Jestha, 2083	25 - 27 May, 2026	10 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
340	Chitwan	Chitwan	13- 15 Jestha, 2083	27 - 29 May, 2026	12 - Jestha, 2083	MetLife, Chitwan, Ph:056-595938
341	Damak	Damak	14-16 Jestha, 2083	28-30 May, 2026	13 - Jestha, 2083	MetLife, Damak, Ph:023-583970/71
342	Biratnagar	Biratnagar	14-16 Jestha, 2083	28-30 May, 2026	13 - Jestha, 2083	MetLife, Biratnagar, Ph:021-590013
343	Dhangadhi	Dhangadhi	14-16 Jestha, 2083	28-30 May, 2026	13 - Jestha, 2083	MetLife, Dhangadhi,Ph:091-523815
344	Birgunj	Birgunj	14-16 Jestha, 2083	28-30 May, 2026	13 - Jestha, 2083	MetLife, Birgunj, Ph:051-520757
345	Janakpur	Janakpur	18 - 20 Jestha, 2083	01 - 03 June, 2026	17 - Jestha, 2083	MetLife, Janakpur Ph : 041-590426
346	Kantipath	Kathmandu	18 - 20 Jestha, 2083	01 - 03 June, 2026	17 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
347	Thapathali	Kathmandu	18 - 20 Jestha, 2083	01 - 03 June, 2026	17 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
348	Birtamod	Birtamod	18 - 20 Jestha, 2083	01 - 03 June, 2026	17 - Jestha, 2083	MetLife, Birtamode, Ph:023-544025
349	Tikapur	Tikapur	18 - 20 Jestha, 2083	01 - 03 June, 2026	17 - Jestha, 2083	MetLife, Tikapur, Ph : 091-560887
350	Surkhet	Surkhet	18 - 20 Jestha, 2083	01 - 03 June, 2026	17 - Jestha, 2083	MetLife, Surkhet ,Ph: 083-521588
351	Pokhara	Pokhara	19-21 Jestha 2083	02 - 04 June 2026	18 - Jestha, 2083	MetLife, Pokhara, Ph:061-550095
352	Butwal	Butwal	19-21 Jestha 2083	02 - 04 June 2026	18 - Jestha, 2083	MetLife, Butwal, Ph:071-503113
353	Kamalpokhari	Kathmandu	20 - 22 Jestha 2083	03 - 05 June, 2026	19 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph:01-5455166
354	Hetauda	Hetauda	20 - 22 Jestha 2083	03 - 05 June, 2026	19 - Jestha, 2083	MetLife, Hetauda, Ph:057-5211553
355	Bhaktapur	Kathmandu	20 - 22 Jestha, 2083	03 - 05 June, 2026	19 - Jestha, 2083	MetLife, Surya Binayak, P.h. 01-6617589
356	Parsa	Parsa	20 - 22 Jestha, 2083	03 - 05 June, 2026	19 - Jestha, 2083	MetLife, Chitwan, Ph:056-595938
357	Itahari	Itahari	21-23 Jestha, 2083	04 - 06 June, 2026	20 - Jestha, 2083	MetLife, Itahari, Ph: 025-587195

358	Bouddha	Kathmandu	25 - 27 Jestha 2083	08 - 10 June, 2026	24 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
359	Bhairahawa	Bhairahawa	25 - 27 Jestha 2083	08 - 10 June, 2026	24 - Jestha, 2083	MetLife, Bhairahawa Ph : 071-590864
360	Banepa	Kathmandu	25 - 27 Jestha, 2083	08 - 10 June, 2026	24 - Jestha, 2083	MetLife, Banepa, P.h. 011-662456
361	Panipokhari	Kathmandu	27 - 29 Jestha 2083	10 - 12 June, 2026	26 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
362	Chitwan	Chitwan	27 - 29 Jestha, 2083	10 - 12 June, 2026	26 - Jestha, 2083	MetLife, Chitwan, Ph:056-595938
363	Minbhawan	Kathmandu	27 - 29 Jestha, 2083	10 - 12 June, 2026	26 - Jestha, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
364	Biratnagar	Biratnagar	27 - 29 Jestha, 2083	10 - 12 June, 2026	26 - Jestha, 2083	MetLife, Biratnagar, Ph:021-590013
365	Chapur	Chapur	27 - 29 Jestha, 2083	10 - 12 June, 2026	26 - Jestha, 2083	MetLife, Birgunj, Ph:051-520757
366	Katari	Katari	28-30 Jestha, 2083	11-13 June, 2026	27 - Jestha, 2083	MetLife, Katari, Ph : 035-450431
367	Ravibhawan	Kathmandu	01 - 03 Ashad, 2083	15 - 17 June, 2026	30 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
368	Palpa	Palpa	1-3 Ashad, 2083	15-17 June, 2026	30 - Ashad, 2083	MetLife, Palpa,Ph: 075-522557
369	Damauli	Damauli	2-4 Ashad 2083	16-18 June 2026	1 - Ashad, 2083	MetLife, Pokhara, Ph:061-550095
370	Satdobato	Lalitpur	03 - 05 Ashad, 2083	17 - 19 June, 2026	2 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
371	Head office	Lalitpur	03 - 05 Ashad, 2083	17 - 19 June, 2026	2 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
372	Lahan	Lahan	03 - 05 Ashad, 2083	17 - 19 June, 2026	2 - Ashad, 2083	MetLife, Lahan, Ph:033-590402
373	Bhojpur	Bhojpur	4-6 Ashad, 2083	18-20 June, 2026	3 - Ashad, 2083	MetLife, Biratnagar, Ph:021-590013
374	Bardaghat	Bardaghat	8-10 Ashad, 2083	22-24 June, 2026	7 - Ashad, 2083	MetLife, Bardaghat, Ph:078-580783
375	Nepalgunj	Nepalgunj	09 - 11 Ashad, 2083	23 - 25 June, 2026	8 - Ashad, 2083	MetLife, Nepalgunj Ph : 081-411015
376	Kawasoti	Kawasoti	10 - 12 Ashad, 2083	24 - 26 June, 2026	9 - Ashad, 2083	MetLife, Butwal, Ph:071-503114
377	Biratnagar	Biratnagar	14-16 Ashad, 2083	28-30 June, 2026	13 - Ashad, 2083	MetLife, Biratnagar, Ph:021-590013
378	Birgunj	Birgunj	14-16 Ashar2083	28-30 June2026	13 - Ashad, 2083	MetLife, Birgunj, Ph:051-520757
379	Kamalpokhari	Kathmandu	17 - 19 Ashad, 2083	01 - 03 July, 2026	16 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
380	Surkhet	Surkhet	17 - 19 Ashad, 2083	01 - 03 July, 2026	16 - Ashad, 2083	MetLife, Surkhet, Ph: 083-521588
381	Butwal	Butwal	17 - 19 Ashad, 2083	01 - 03 July, 2026	16 - Ashad, 2083	MetLife, Butwal, Ph:071-503113
382	Kohalpur	Kohalpur	17 - 19 Ashad, 2083	01 - 03 July, 2026	16 - Ashad, 2083	MetLife, Nepalgunj Ph : 081-411015
383	Kantipath	Kathmandu	17 - 19 Ashad, 2083	01 - 03 July, 2026	16 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
384	Bouddha	Kathmandu	22 - 24 Ashad, 2083	06 - 08 July, 2026	21 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
385	Minbhawan	Kathmandu	22 - 24 Ashad, 2083	06 - 08 July, 2026	21 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
386	Kapilvastu	Kapilvastu	23 - 25 Ashad, 2083	07 - 09 July, 2026	22 - Ashad, 2083	MetLife, Butwal, Ph:071-503113
387	Bhaktapur	Bhaktapur	24 - 26 Ashad, 2083	08 - 10 July, 2026	23 - Ashad, 2083	MetLife, Surya Binayak, P.h. 01-6617589
388	Panipokhari	Kathmandu	24 - 26 Ashad, 2083	08 - 10 July, 2026	23 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
389	Birtamod	Birtamod	24 - 26 Ashad, 2083	08 - 10 July, 2026	23 - Ashad, 2083	MetLife, Birtamode, Ph:023-544025
390	Dhangadhi	Dhangadhi	24 - 26 Ashad, 2083	08 - 10 July, 2026	23 - Ashad, 2083	MetLife, Dhangadhi,Ph:091-523815
391	Ravibhawan	Kathmandu	29 - 31 Ashad, 2083	13 - 15 July, 2026	28 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
392	Satdobato	Lalitpur	29 - 31 Ashad, 2083	13 - 15 July, 2026	28 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
393	Chitwan	Chitwan	29 - 31 Ashad, 2083	13 - 15 July, 2026	28 - Ashad, 2083	MetLife, Chitwan, Ph:056-595938

394	Head office	Lalitpur	29 - 31 Ashad, 2083	13 - 15 July, 2026	28 - Ashad, 2083	MetLife, Head Office, Narayani Complex Pulchowk, Lalitpur, Ph: 01-5455166
395	Biratnagar	Biratnagar	30-32 Ashad, 2083	14 - 16 July, 2026	29 - Ashad, 2083	MetLife, Biratnagar, Ph:021-590013
396	Itahari	Itahari	30-32 Ashad, 2083	14 - 16 July, 2026	29 - Ashad, 2083	MetLife, Itahari, Ph: 025-587195