

METLIFE APPOINTS NIRMAL SHRESTHA AS GENERAL MANAGER NEPAL

Kathmandu, July 1, 2017 – MetLife announced today the appointment of Mr. Nirmal Kajee Shrestha, as Vice President and General Manager of MetLife Nepal. Mr. Shrestha will be based in Kathmandu, Nepal, and will report to Md. Nurul Islam, Chairman of Bangladesh, Nepal and Myanmar. The appointment is effective from July 1, 2017. Mr Shrestha succeeds Mr. M. Ala Uddin Ahmad who has been appointed as Vice President and Head of Strategy, Business Planning and Transformation, with AmMetLife Insurance Berhad in Malaysia.

Mr. Shrestha joined MetLife in Nepal in 2002 and has been employed in a number of senior roles in sales and agency Management. From 2015, he served as the Chief Distribution Officer overseeing the management of all distribution channels of MetLife Nepal. Prior to joining MetLife, Mr. Shrestha held various roles in the hospitality and aviation industry sectors.

Commenting on the appointment, Md. Nurul Islam, Chairman of MetLife Bangladesh, Nepal and Myanmar said, "Nirmal's appointment as General Manager highlights our commitment to promoting local talent. I am delighted he has taken this key role. Given his deep understanding of our business, extensive industry experience and strong leadership, we are confident that Nirmal is well positioned to capture the growth opportunities we see in Nepal."

Mr. Shrestha holds a MBA from Tribhuwan University and is a Fellow of the Life Management Institute (FLMI) of Life Office Management Association (LOMA), Atlanta, GA, USA.

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About MetLife

MetLife, Inc. (NYSE: MET), through its subsidiaries and affiliates ("MetLife"), is one of the largest life insurance companies in the world. Founded in 1868, MetLife is a global provider of life insurance, annuities, employee benefits and asset management. Serving approximately 100 million customers, MetLife has operations in nearly 50 countries and holds leading market positions in the United States, Japan, Latin America, Asia, Europe and the Middle East. For more information, visit www.metlife.com.

About MetLife Nepal

MetLife has been operating in Nepal since 2001 as a branch of American Life Insurance Company, incorporated in the USA, subsidiary of MetLife, Inc. In Nepal, MetLife provides consumers and businesses with life insurance, accident & health insurance and employee benefits (group insurance). For more information, visit www.metlife.com.np or call +977 1 5555166